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Interlogic

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Ramblers



Norfolk Area Newsletter & Walks Programme

April 2019 - July 2019

<http://www.norfolkra.org.uk/>

AREA OFFICE: Our Area Secretary is Ken Hawkins, the address for area correspondence is 26 Hillfields, Dereham NR19 1UE. The phone number is 07505 426750 and the email address is ken-hawkins@tiscali.co.uk

Path Problems in Norfolk, where sure of your details, can be reported directly to: Rights of Way Team, Planning & Transportation Dept, Norfolk County Council, County Hall, Martineau Lane, Norwich, NR1 2SG. (Telephone: 0344 800 8020.) You can also report them online via the map at <http://maps.norfolk.gov.uk/highways/> - find the path, click on it, and follow the instructions. (If you need more information, go first to <https://www.norfolk.gov.uk/out-and-about-in-norfolk/public-rights-of-way/about-public-rights-of-way> - the map is at the bottom of the page.

Where a member is unsure, or the problem is not clear, report the problem to Ian Mitchell, 5 Montcalm Road, Norwich, NR1 4HX. (Telephone: 01603 622539, email address: ianmitchell5@virginmedia.com) Ian would also like to know anything directly reported to the Rights of Way Team.

Acting Area News Editor: Richard May, 24 Swanton Avenue, Dereham, NR19 2HJ. Telephone 01362 709044, email address is richard@inter-logic.co.uk.

All Ramblers members are invited to take part in any walk in the Area programme. Non-members are welcome to participate and are invited to join the Ramblers if they so desire once they have sampled the variety of walks on offer. New members can join or existing members can update their details (change of group, change of name or address) by phoning Ramblers Central Office in London on 020 7339 8500 . You can also join on the Ramblers website: <http://www.ramblers.org.uk>.

The next deadline for copy for the newsletter is 8th June 2019. The deadline for copy for the following newsletter will be 12th October 2019. The remaining Area Council meetings in 2019 will be 13th July and 9th November all at 10:00 at Honingham Village Hall.

RAMBLERS CENTRAL OFFICE

The address of the Ramblers' Central Office is:
2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW
Tel: 020 7339 8500, Fax: 020 7339 8501
email ramblers@ramblers.org.uk

The Norfolk Area, Ramblers, is part of The Ramblers, a registered charity (number 1093577), and a company limited by guarantee (registration number 4458492)

Action required if you want to hear from us!

Don't forget to sign up for our email list, if you haven't already. Go to the link below, give us your name and email address, and then you can sign up to whichever emails you want to receive.

www.norfolkra.org.uk/MailListSignup

Richard May

Dedication in memory of Jeanne Le Surf

The Area is paying for two kissing gates to replace stiles on public paths on the Mannington Estate in memory of Jeanne Le Surf who died a little over a year ago. Jeanne wrote weekly walk articles for the Eastern Evening News for about 40 years and was the Norfolk Area Footpath Secretary for several more. The gates will be dedicated during a morning walk on Thursday 11th April and everyone is invited to come along. Details are in the Wensum Group section of this programme.

Ian Mitchell

Norfolk Lowland Search & Rescue

We have been asked if anyone would like to volunteer to assist with training scenting dogs. They need people to hide for the trainee dogs to find. This will be in the Breckland area (to begin with.)

They are looking for people who can spare an hour or two, once a week.

For more information, please speak to Steve Swallow on 07795 466007 .

In the new style walk listings for Norwich & Leg Stretchers, a dog symbol represents a dog friendly walk, and a castle symbol represents a walk with historic interests.

WATTON TUESDAYS AND THURSDAYS

Contact Peter Bird on 01953 883149 or 07761 689378 or peterbird@me.com

Date	Time	Town and Start Point	Post Code	Walk Name	Miles
02-Apr-19	10:10	MERTON Merton Village Hall	IP25 6QX	Merton Peddars Way Walk	4
04-Apr-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Wood Lane / Wayland Wood Walk	2.75 or 4.2
09-Apr-19	10:10	ASHILL Community Centre Hale Road	IP25 7AX	Ashill Figure Of 8 Walk	3.4
11-Apr-19	10:10	WATTON (Park At Queens Hall) Thetford Road Car P	IP25 6BS	Watton / Merton Circular	3.75
16-Apr-19	10:10	THOMPSON New Community Centre School R	IP24 1PY	Thompson Tottington Road Long Wa	3.2
18-Apr-19	10:10	ICKBURGH Desert Rats Car Park TL812967	IP26 5BZ	Desert Rats Walk	3.7
23-Apr-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Red Hill Lane Walk	3.8
25-Apr-19	10:10	HOCKHAM PICNIC SITE (A1075)	IP24 1PA	Hockham Picnic Site Walk	3.75
30-Apr-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Watton / Carbrooke Circular Walk	3.75
02-May-19	10:10	WATTON (Park At Queens Hall)Thetford Road Car P	IP25 6DA	Sally's Walk	4.1
07-May-19	10:10	THOMPSON New Community Centre School R	IP24 1PY	Thompson Water Walk	4.2
09-May-19	10:10	CARBROOKE Carbrooke Village Hall	IP25 6SW	Carbrooke 4 Mile Walk	3.75
14-May-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Loch, Church and Town Green Walks	2.5 or 3.5
16-May-19	10:10	SAHAM TONEY Wells Cole Community Centre	IP25 7HD	Saham Toney Circular Walk	2.9 or 4
21-May-19	10:10	ROCKLAND ALL SAINTS Village Hall -	NR17 1TP	Rockland All Saints Walk	3.5
23-May-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Town Green And Camp Long Walk	3
28-May-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Wood Lane / Wayland Wood Walk	2.75 or 4.2
30-May-19	10:10	ASHILL Community Centre Hale Road	IP25 7AX	Ashill Panworth Hall Long Walk	3.37
04-Jun-19	10:10	THOMPSON New Community Centre School R	IP24 1PY	Thompson Church Walk	3.2
06-Jun-19	10:10	ICKBURGH Desert Rats Car Park TL812967	IP26 5BZ	Desert Rats Walk	3.7
11-Jun-19	10:10	MERTON Merton Village Hall	IP25 6QX	Merton Peddars Way Walk	4
13-Jun-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Loch, Church and Town Green Walks	2.5 or 3.5
18-Jun-19	10:10	WATTON (Park At Queens Hall)Thetford Road Car P	IP25 6BS	Sally's Walk	4.1
20-Jun-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Watton / Carbrooke Circular Walk	3.75
25-Jun-19	10:10	HOCKHAM PICNIC SITE (A1075)	IP24 1PA	Hockham Picnic Site Walk	3.75
27-Jun-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Red Hill Lane Walk	3.8
02-Jul-19	10:10	THOMPSON New Community Centre, School R	IP24 1PY	Thompson Water Walk	4.2
04-Jul-19	10:10	ASHILL Community Centre Hale Road	IP25 7AX	Ashill Figure Of 8 Walk	3.4
09-Jul-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Wood Lane / Wayland Wood Walk	2.75 or 4.2
11-Jul-19	10:10	WATTON (Park At Queens Hall)Thetford Road Car P	IP25 6BS	Watton / Merton Circular	3.75
16-Jul-19	10:10	ROCKLAND ALL SAINTS Village Hall -	NR17 1TP	Rockland All Saints Walk	3.5
18-Jul-19	10:10	CARBROOKE Carbrooke Village Hall	IP25 6SW	Carbrooke 4 Mile Walk	3.75
23-Jul-19	10:10	THOMPSON New Community Centre School R	IP24 1PY	Thompson Sparrow Hill Walk	3
25-Jul-19	10:10	SAHAM TONEY Wells Cole Community Centre	IP25 7HD	Saham Toney Circular Walk	2.9 or 4
30-Jul-19	10:10	WATTON Community Car Park (Queens Hall)	IP25 6DA	Town Green And Camp Long Walk	3

THETFORD Tuesdays & Friday Walks

Contact Wendy Clegg on 01953 451127 or email debbielouise Seymour@gmail.com

Date	Time	Town & Start Point	Post Code/OS Grid	Walk Name	Miles
09/04/2019	10:00	Brandon Country Park, Bury Road, Brandon	IP27 0SU - TL785 85	Brandon Country Park/Purple Route	3.5
12/04/2019	10:00	Santon Downham/Saint Helen's Picnic Site, Santon Downham, Brandon	IP27 0TJ - TL826 873	Little Ouse Path	4
16/04/2019	10:00	Thorpe Forest Park, Shadwell Forest Retreat, Thetford	IP24 2RX - TL946 840	Thorpe Forest Park (Thetford)	3.2
19/04/2019	10:00	Garboldisham/Meet at the rear of The Fox Public House Car Park, Garboldisham	IP22 2RZ - TM006 81	Garboldisham	4
23/04/2019	10:00	Lynford Stag A134 Thetford/Mundford Road	IP26 5ET - TL815 916	Lynford Stag	3
26/04/2019	10:00	Rishbeth Wood/Warren Lodge (Thetford B1107 - just after golf course)	IP27 0AF - TL841 841	Rishbeth Wood/Warren Lodge	4.6
30/04/2019	10:00	Thetford/Riverside Kiosk, School Lane, Thetford	IP24 2AG - TL870 825	Barnham Common	4
03/05/2019	10:00	Thetford/Riverside Kiosk, School Lane, Thetford	IP24 2AG - TL870 825	BTO Nunnery Lakes	3
07/05/2019	10:00	East Wretham Heath Nature Reserve Car Park, Thetford, Norfolk A1075	IP24 1RU - TL913 887	East Wretham Nature Reserve	3
10/05/2019	10:00	Knettishall Heath Country Park (Main Car Park), Knettishall Heath, Thetford	IP22 2TQ - TL955 804	Knettishall Heath Country Park	3.5
14/05/2019	10:00	Sainsburys Car Park, London Road, Thetford	IP24 3QL - TL852 819	St Edmunds/Hereward Way	3
17/05/2019	10:00	Blo Norton/Meet at The Dutch Barn Nursery, The Street, Blo Norton, Diss	IP22 2JB - TM019 806	Blo Norton Fen	4
21/05/2019	10:00	High Lodge, Thetford Forest, Brandon	IP27 0AF - TL811 851	High Lodge/Purple Route	3.5
24/05/2019	10:00	Great Hockham Picnic Site, (A1075) Thetford	IP24 1PA - TL937 919	Great Hockham Picnic Site	3.75
28/05/2019	10:00	Thetford/Riverside Kiosk, School Lane, Thetford	IP24 2AG - TL870 825	Kingfisher Lakes	4
31/05/2019	10:00	Santon Downham Forestry Commission Offices Car Park, Santon Downham, Brandon	IP27 0TQ - TL815 877	Santon Downham Long Riverwalk	5.6
04/06/2019	10:00	Thorpe Forest Park, Shadwell Forest Retreat, Thetford	IP24 2RX - TL946 840	Thorpe Forest Park (Thetford)	3.2
07/06/2019	10:00	Thetford/Riverside Kiosk, School Lane, Thetford	IP24 2AG - TL870 825	Barnham Common	4
11/06/2019	10:00	Rishbeth Wood/Warren Lodge (Thetford B1107 - just after golf course)	IP27 0AF - TL842 840	Rishbeth Wood/Warren Lodge	4.6
14/06/2019	10:00	Merton Village Hall, Merton	IP25 6QX - (Nearest)	Merton Peddars Way	4
18/06/2019	10:00	Santon Downham/Saint Helen's Picnic Site, Santon Downham, Brandon	IP27 0TJ - TL826 873	Little Ouse Path	4
21/06/2019	10:00	Knettishall Heath Country Park (Main Car Park), Knettishall Heath, Thetford	IP22 2TQ - TL955 804	Knettishall Heath Country Park	3.5
25/06/2019	10:00	Thetford/Riverside Kiosk, School Lane, Thetford	IP24 2AG - TL870 825	BTO Nunnery Lakes	3
28/06/2019	10:00	Redgrave & Lopham Fen Visitor Centre, Low Common Road, South Lopham, Diss	IP22 2HX - TM052 80	Redgrave & Lopham Fen	4
02/07/2019	10:00	High Lodge, Thetford Forest, Brandon	IP27 0AF - TL811 851	High Lodge/Purple Route	3.5
05/07/2019	10:00	Ixworth Village Hall, High Street, Ixworth	IP31 2HH - TL932 703	Ixworth Village Country Walk	4
09/07/2019	10:00	Santon Downham Forestry Commission Offices Car Park, Santon Downham, Brandon	IP27 0TQ - TL815 877	Santon Downham	4
12/07/2019	10:00	Great Hockham Picnic Site, (A1075) Thetford	IP24 1PA - TL937 919	Great Hockham Picnic Site	3.75
16/07/2019	10:00	Thetford/Riverside Kiosk, School Lane, Thetford	IP24 2AG - TL870 825	Kingfisher Lakes	4
19/07/2019	10:00	Knettishall Heath Country Park (Main Car Park), Knettishall Heath, Thetford	IP22 2TQ - TL955 804	Knettishall Heath Country Park	3.5
23/07/2019	10:00	East Wretham Heath Nature Reserve Car Park, Thetford, Norfolk A1075	IP24 1RU - TL917 887	East Wretham Nature Reserve	3
26/07/2019	10:00	Hopton Village Hall, Hopton, Diss	IP22 2QY - TL994 789	Hopton Fen	4.3
30/07/2019	10:00	Two Mile Bottom Picnic Site, (A134), Thetford	IP24 1LZ - TL848 875	Two Mile Bottom	3

It is well known that Norfolk County Council's budget has been cut year on year for some time now, and the amount it has available is much less than it was a few years ago. This is equally true of the money for maintenance work on our public rights of way network. Amongst other effects, it has meant that responses to reports of problems on the network are less than ideal. Some time ago, an informal survey amongst members indicated a significant loss of confidence in the system of reporting problems to NCC, partly because of the complexity and poor functioning of the system, and partly because it seemed that often, reports made didn't result in action anyway. The Ramblers, partly through the PRoW subgroup of the Norfolk Local Access Forum, has been pressing for improvements in this, and although we're still a long way from the ideal response levels we would want, the system has been much improved and made more user friendly. By way of a summary, if you use the on line system (details on the front cover) you can report the exact location of the problem by placing a pin on a map, and, if you elect to register (a painless process), then the system will give you updates on how and when the issue is being dealt with. Initially, these updates were not always very clear, but the facility has now been added to enable the responding officer to write a short explanatory note in addition to the limited pre-determined category that was the only response available before. All in all, the whole system is much improved, and the more it is used, the greater will be the impetus for further improvement.

I am therefore strongly encouraging everyone who meets a problem, to report it, ideally through this system - if we don't report it, how can we expect NCC to do anything about it? In addition, if the officers can say that they are dealing with 1000 problems instead of 100, they have a case to request more resources. (I'm not arguing for reporting trivial issues, but always to report significant problems.) And if using the system itself throws up problems at any point, please let me and Ian know - we may well have chance to feed back and get further changes.

Ken Hawkins

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

Group Secretary:-	Ms M Hendey	Tel. 07875 632732
Walks Programme Coordinators:-		
Tuesdays:-	Ms P Andrew	Tel. 07759 549273
Wednesday Short & Leisurely:-	Mr A Brinson	Tel. 01760 720070
Thursdays:-	Mr H Pearce	Tel. 07842 275847
Saturdays:-	Ms M Hendey	Tel. 07875 632732
Sundays & Programme Secretaries:-	Mr M & Mrs S Berman	Tel. 01553 679277

Walk Details:- Walks in this programme will commence @ **10:00** unless otherwise stated, when the start time will be shown in **BOLD** print. **Please check programme.**
BRISK walks will maintain this pace throughout the walk; members who feel they would be unable to keep up are advised not to attempt them.
Food & drink - members should bring sufficient for their own needs over the length of the walk **Please observe both the Highway Code** on roads & the **Country Code** on all our walks.
Weather - If the weather is particularly bad prior to a walk we recommend that you contact the leader(s) before setting out, to check that the walk will still take place.
Dogs - are welcome on most walks but should be on a lead. Some walks are by permission of the landowner when only assistance dogs are permitted. If in doubt, please contact the walk leader.

Ordnance Survey (OS) Map References
 The six digit number is the walk start location reference, with the first three digits showing position on the map edge scales **horizontally** & the second three showing position **vertically**.

WALK BOOKS:- We have a wide range of books available to walkers, covering areas local to King's Lynn, as well as other parts of Norfolk. They all feature 16 circular walks with maps and are easy for the casual walker to follow.
 Prices are around £3 and the books can be obtained from:- www.kingslynnramblers.org

Please Note Abbreviations:- CP = Car Park VH = Village Hall NT = National Trust PH = Public House

Programme Secretary's Note:- This programme and other information about the group can be found on our website www.kingslynnramblers.org. For 'Fit Together Health Walks' details can be found at www.activenorfolk.org/fittogether or telephone the local coordinator on 01553 616251

CAR PARKING - at some locations a fee of £1 per car (unless otherwise stated) is levied.
 This is in appreciation of our permission to park.

NB: ALL WALK DISTANCES SHOWN ARE ESTIMATED AND SHOWN IN MILES

MOST SUNDAY WALKS are at least 8m and kept at a steady pace with snack & lunch stops expected.

If you require further information about any walk please contact the walk leader.

Monday	10	Holme & Cowslips	Postcode PE36 5LB
1st Apr	MEET	Courtyard Farm	OS REF 722 405
1000hrs	LED BY	Paul O	TEL 01485 578218
Tuesday	BRISK	6 Sandringham Circular	Postcode PE35 6EN
2nd Apr	MEET	Sandringham Visitors' Centre,	OS REF TF 689 287
1000hrs	LED BY	Helen	TEL 01485 600153
Thursday	5	Around Sandringham	Postcode PE35 6EN
4th Apr	MEET	Sandringham Visitors' Centre,	OS REF TF 689 287
1000hrs	LED BY	Keith	TEL 01485 542268

SWAFFHAM Wednesdays and Sundays

Contact Keith Hardy on 01760 720247 or keithhardy@hotmail.co.uk or Peter Carter on 01760 720256 or peter6753@sky.com

Date	Time	Town and Start Point	Walk Name	Miles
3-Apr-2019	09.30	Swaffham, Theatre street car park PE37 7HF	Swaffham, Dugate Lane Walk	3.3
7-Apr-2019	10.00	Beachamwell Village Hall PE37 8BB	Beachamwell, Farm Walk	3.7
10-Apr-2019	09.30	Narborough, Community Centre, Chalk Lane PE32 1SR	Narborough River Walk	6.2
14-Apr-2019	10.00	Castle Acre, meet by the Green, PE32 2AE	Castle Acre Mill Walk	4
17-Apr-2019	09.30	East Lexham, Village Green (Buttercross) PE32 2QP	East Lexham Farm Walk	4
21-Apr-2019		BANK HOLIDAY NO WALK	///////	///////
24-Apr-2019	09.30	Necton Village Hall PE37 8EH	Necton, Clay Pit Farm Walk	3.4
28-Apr-2019	10.00	Swaffham, Theatre Street Car Park PE37 7HF	Swaffham, Duck pond Swaefa's way	3.8
1-May-2019	09.30	Sporle Village Hall PE32 2DR	Sporle, Farm Walk	3.5 or 5.1
5-May-2019	10.00	Ashill Community Centre Hale Road IP25 7AX	Ashill, Panworh Hall, Fig 8	2.4 or 3.5
8-May-2019	09.30	Bradenham Cricket Club IP25 7HF	Bradenham, Farm Walk	2.9
12-May-2019	10.00	Dereham, Queen Mothers Car Park NR19 1XE	Dereham, Water Tower West Walk	3.3
15-May-2019	09.30	Great Fransham Village Hall NR19 2SB	Great Fransham, Farm Walk	4.2
19-May-2019	10.00	North Pickenham Concrete Pad, South Pickenham Road, PE37 8LG	North Pickenham, Long or short Walk	6.2 or 3.4
22-May-2019	09.30	Swaffham, Theatre Street Car Park PE37 7HF	Swaffham, Lynn Road Swaefa's Way	5
26-May-2019	10.00	Beachamwell Village Hall PE37 8BB	Beachamwell, Village Walk	3.6
29-May-2019	09.30	Holme Hale, Village Hall Car Park IP25 7DP	Home Hale, Village Walk	2.1 or 3.1
2-Jun-2019	10.00	Ichburgh, Desert Rats Memorial Car Park (A1065) IP26 5BZ	Ichburgh, Forest Walk	3.1
5-Jun-2019	09.30	Drymere Forest Car Park PE37 7AS (NEW WALK)	Drymere, Forest Walk	3.7 or 3.6
9-Jun-2019	13.00	Ashill Community Centre, Hale Road, IP25 7AX * Strawberry Tea **	Ashill Fig of 8 walk	3.3
12-Jun-2019	09.30	Castle Acre, Park in field PE32 2AA	Castle Acre, Historical Walk	2.9
16-Jun-2019	10.00	Gressenhall Museum Car Park, NR20 4DR	Gressenhall / Beetly Walk	4.5
19.06/2019	09.30	Narborough Community Centre, Chalk Lane PE32 1SR	Narborough, Village Walk	3
22-Jun-2019	10.00	McDonalds Car Park (A47) PE37 7AB	MrDonalds, Procession Lane Walk	4.4
26-Jun-2019	09.30	Ashill Community Centre IP25 7AX	Ashill, Cressingham Road Walk	2.6
30-Jun-2019	10.00	Swaffham, Theatre Street Car Park PE37 7HF	Swaffham, Lynn Road Walk	4.1
3-Jul-2019	09.30	Swaffham, Waitrose Car park PE37 7HT	Swaffham, Turbine Walk	3.4
7-Jul-2019	10.00	Dereham, Queen Mothers Car Park NR19 1XE	Dereham, Rush Meadow Walk	3.4
10-Jul-2019	09.30	Castle Acre (park in field) PE32 2AA	Castle Acre, Farm Walk	6.2
14-Jul-2019	10.00	Oxborough/Gooderstone, Village Hall PE33 9QB	Oxborough, Village Walk	3.3
17-Jul-2019	09.30	McDonalds Car Park (A47) PE37 7AB	McDonalds, Pettyguards Farm Walk	4.6
21-Jul-2019	10.00	Swaffham, Theatre Street Car Park PE37 7HF	Swaffham, Water Tower Walk	3.3
24-Jul-2019	09.30	Necton Village Hall PE37 8EH	Necton, Village Walk	2.9
28-Jul-2019	10.00	North Pickenham, Concrete Pad South Pickenham Rd, PE37 8LG	North Pickenham, Farm Walk	3.4
31-Jul-2019	09.30	Ashill Community Centre Hale Road IP25 7AX	Ashill, Cressingham Road Walk	2.6

WEETING Tuesdays

Contact Linda and Keith on 01760 756455 or oldcoachhouse7@sky.com or Norman on 01842 810856 or 1943nking@gmail.com

Date	Time	Town and Start Point	Post Code	Walk Name	Miles
2-Apr-2019	09:30	Brandon Leisure Centre Church	IP27 0JB	Brandon to Santon Downham return via Little Ouse /Gashouse Drove	6.4
9-Apr-2019	10:00	Saxon Pub Car Park	IP27 0QW	Emily's Wood	4.7
16-Apr-2019	09:30	Saxon Pub Car Park	IP27 0QW	Hockwold Brickkiln Farm - 9:43 bus to Kings Lynn - £2.10 or bus pass	4.3
23-Apr-2019	10:00	Saxon Pub Car Park	IP27 0QW	Crescent Wood	4.6
30-Apr-2019	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Lodge/ Village Trail past Sunnyside Cottages	3.5
7-May-2019	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Road Covert and Wellington Plantation	5.97
14-May-2019	10:00	Saxon Pub Car Park	IP27 0QW	Ancient Cross Circular Walk	5.1
21-May-2019	09:30	Brandon Leisure Centre Church	IP27 0JB	Brandon to Santon Downham return via Little Ouse /Gashouse Drove	6.4
28-May-2019	10:00	Saxon Pub Car Park	IP27 0QW	Emily's Wood	4.7
4-Jun-2019	10:00	Saxon Pub Car Park	IP27 0QW	Memorial Site of Wartime Plane Crash	5.8
11-Jun-2019	09:20	Saxon Pub Car Park	IP27 0QW	Brandon Little Ouse / Chalk Lane / Fengate Drove - 9.33 bus to Aldi's Car Park Brandon - £1.80 or bus	5.3
18-Jun-2019	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Lodge/ Village Trail past Sunnyside Cottages	3.5
25-Jun-2019	10:00	Saxon Pub Car Park	IP27 0QW	Ancient Cross Circular Walk	5.1
2-Jul-2019	10:00	Saxon Pub Car Park	IP27 0QW	Emily's Wood	4.7
9-Jul-2019	09:30	Saxon Pub Car Park	IP27 0QW	Feltwell Road via Brickkiln Farm - 9:43 bus to Kings Lynn - £2.10 or bus pass	5.0
16-Jul-2019	10:00	Saxon Pub Car Park	IP27 0QW	Crescent Wood	4.6
23-Jul-2019	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Lodge/ Village Trail past Sunnyside Cottages	3.5
30-Jul-2019	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Road Covert and Wellington Plantation	5.97
6-Aug-2019	09:30	Saxon Pub Car Park	IP27 0QW	Hockwold Brickkiln Farm - 9:43 bus to Kings Lynn - £2.10 or bus pass	4.3

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

Saturday 6th Apr 1000hrs	6	Colkirk	Colkirk Village Hall	Postcode NR21 7NR OS REF TF 917 265 TEL 07786 077383
		MEET	Michael	<i>CP fee (see start of programme)</i>
Sunday 7th Apr 0930hrs	14	Peddars Way & Swaffham	Narford Woods off A1122 Forestry Post 105	Postcode PE37 7QE* OS REF 767 095 TEL 01366 387868
		MEET	Nigel	*nearest postcode
Tuesday 9th Apr 1000hrs	6	Thornham & Holme	Thornham Harbour	Postcode PE36 6LT OS REF TF 727 443 TEL 01553 672243
		MEET	Colin	
Wednesday 10th Apr 1400hrs	3.8	Cowslips at Courtyard Farm	CP on Burnham to Ringstead road	Postcode PE36 5LB* OS REF TF 722 405 TEL 01485 542268
		MEET	Keith	*nearest postcode
Thursday 11th Apr 1000hrs	6	Holkham & Wells	Holkham Village Car Park	Postcode NR23 1RJ OS REF TF 891 436 TEL 01553 840651
		MEET	Jan & Deri	
Saturday 13th Apr 1000hrs	6	The Raynhams	Helhoughton Church	Postcode NR21 7BP OS REF TF 869 265 TEL 01328 838822
		MEET	Ray	
Sunday 14th Apr 0930hrs	12	"The Gamekeeper's Walk"	Sandringham Visitors' Centre,	Postcode PE35 6EN OS REF 690 288 TEL
		MEET	Bob S	
Tuesday 16th Apr 1000hrs	6.5	Reephams & Marriotts Way	Reephams Stn/Kerri's Pine (please park at far end)	Postcode NR10 4JN OS REF TG 101 235 TEL 07476 740388
		MEET	Peter	
Thursday 18th Apr 1000hrs	5	Brancaster Marsh	Brancaster Church @ junction of B1153 & A149	Postcode PE31 8AW OS REF TF 772 439 TEL 01328 838822
		MEET	Ray	
Saturday 20th Apr 1000hrs	5.5	Courtyard Farm/Cowslip Walk	Ringstead Common CP (off Burnham Rd)	Postcode PE36 5LB* OS REF TF 722 405 TEL 07783 153429
		MEET	Cliff	*nearest postcode
Sunday 21st Apr 1000hrs	14	Around Grimston	Grimston Medical Centre, Congham Road	Postcode PE32 1DW OS REF TF 720 226 TEL 07831 586940
		MEET	Gerald	<i>CP fee (see start of programme)</i>
Tuesday 23rd Apr 1000hrs	6	Grimston Warren/Roydon Common	Hudson Fen CP, Chapel Rd, Pott Row	Postcode PE32 1BP OS REF TF 702 227 TEL 01485 600413
		MEET	Wendy & Frank	
Wednesday 24th Apr 1330hrs	3.5	Unique Afternoon Tea at Castle Rising (during walk)	Car park on Castle Rising Road opp golf club entrance	Postcode PE31 6AA OS REF 652 237 TEL 01328 838822
		MEET	Ray	
Thursday 25th Apr 1000hrs	5	Syderstone common	Syderstone Church	Postcode PE31 8SD OS REF TF 833 327 TEL 01485 572458
		MEET	Dennis & Angela	

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

Saturday 27th Apr 1000hrs	6	East Walton MEET Abbey Farm LED BY John & Penny	Postcode PE32 1PP OS REF TF 743 162 TEL 01553 671533
Sunday 28th Apr 1000hrs	10	Bog, Fen, Warren, Heath & Common MEET Sandringham Visitors' Centre, LED BY John R	Postcode PE35 6EN OS REF TF 690 288 TEL 01485 543844
Tuesday 30th Apr 1000hrs	BRISK 6.5	Round the Birchams MEET Disabled friendly cotts, Bircham Newton LED BY Brian	Postcode PE31 6QR OS REF TF 769 339 TEL 07974 956965
Thursday 2nd May 1000hrs	4.5	Reffley Wood Bluebells MEET NW corner of ASDA CP, Grimston Rd. LED BY Jon	Postcode PE30 3UG OS REF TF 651 224 TEL 01553 673251
Saturday 4th May 1000hrs	4.5	Bluebell Walk MEET NW corner of ASDA CP, Grimston Rd. LED BY Jon	Postcode PE30 3UG OS REF TF 652 224 TEL 01553 673251
Sunday 5th May 1000hrs		No Walk Offered at time of going to press. Please check website www.kingslynnramblers.org for updates.	
Monday 6th May 1000hrs	8.9	Dunham Plantation & Litcham Common MEET Litcham Common CP LED BY Derek R	Postcode PE32 2NU* OS REF 887 172 TEL 07585 416683 <small>*nearest postcode</small>
Tuesday 7th May 1000hrs	BRISK 6	Blickling Bluebells MEET Main NT Car Park (non members pub CP) LED BY Chris	Postcode NR11 6NF OS REF TG 176 285 TEL 01760 722947
Wednesday 8th May 1000hrs	SHORT & LEISURELY 3.6	Brancaster White Horse & Back MEET Brancaster Church @ jct of B1153 & A149 LED BY Gail	Postcode PE31 8AW OS REF TF 772 439 TEL 01553 762294
Thursday 9th May 1000hrs	5.5	Brancaster & Barrow Common MEET Brancaster Church @ junction of B1153 & A149 LED BY Jan & Deri	Postcode PE31 8AW OS REF TF 772 439 TEL 01553 840651
Saturday 11th May 1000hrs	6	Castle Acre and West Acre MEET Stocks Green, near Ostrich Pub LED BY Sue M	Postcode PE32 2AE OS REF TF816 153 TEL 07964 065017
Sunday 12th May 1000hrs	13.5	Holme Dunes & Ringstead Downs MEET Ringstead Common CP - off Burnham Road LED BY Cliff	Postcode PE36 5LB* OS REF TF 722 405 TEL 07783 153429 <small>*nearest postcode</small>
Tuesday 14th May 1000hrs	BRISK 7	Circumnavigate Ringstead MEET Ringstead Village Hall LED BY Gerald <small>CP fee (see start of programme)</small>	Postcode PE36 5JU OS REF TF 707 403 TEL 07831 586940
Thursday 16th May 1000hrs	5.5	Oxborough & Gooderstone MEET Park at triangle opposite Oxborough church LED BY Sue & Pauline. <small>Lunch at Bedingfield Arms afterwards if desired.</small>	Postcode PE33 9PS OS REF TF 744 019 TEL 01485 572598
Saturday 18th May 1000hrs	6.5 or 3.4	Gressenhall & Beetley MEET Gressenhall Workhouse Museum CP LED BY Myra	Postcode NR20 4DR OS REF TF 975 170 TEL 07875 632732

MUNDFORD Mondays - Shorter walks only available when sufficient walk leaders

Keith Thomas on 01760 756455 or oldcoachhouse7@sky.com

Date	Time	Town and Start Point	Post Code	Walk Name	Miles
1-Apr-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Arboretum and Lakes	3.5
8-Apr-2019	10:00	Mundford Cricket Club	IP26 5ED	Quarry Site Walk	4.8
15-Apr-2019	10:00	Mundford Cricket Club	IP26 5ED	Colin's Walk with Lynford Lake extension	3.5
22-Apr-2019	10:00	EASTER MONDAY		NO WALK	
29-Apr-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Hall and Lakes	4.5
6-May-2019	10:00	EARLY MAY BANK HOLIDAY		NO WALK	
13-May-2019	10:00	Brandon Country Park	IP27 0SU	Blue Route	4.3
20-May-2019	10:00	Mundford Cricket Club	IP26 5ED	Wartime Plane Crash Site	3.5
27-May-2019	10:00	LATE MAY BANK HOLIDAY		NO WALK	
3-Jun-2019	10:00	High Lodge	IP27 0AF	High Lodge Yellow Walk	3.5
10-Jun-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Hall Medley	4.8
17-Jun-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Arboretum and Lakes	3.5
24-Jun-2019	10:00	Mundford Cricket Club	IP26 5ED	Colin's Walk with Lynford Lake extension	3.5
1-Jul-2019	10:00	Mundford Cricket Club	IP26 5ED	Quarry Site Walk	4.8
8-Jul-2019	10:00	Brandon Country Park	IP27 0SU	Purple Route	3.5
15-Jul-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Hall Medley	4.8
22-Jul-2019	10:00	Mundford Cricket Club	IP26 5ED	Wartime Plane Crash Site	3.5
29-Jul-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Hall and Lakes	4.5
5-Aug-2019	10:00	Mundford Cricket Club	IP26 5ED	Lynford Arboretum and Lakes	3.5

BRECKLAND SHORT BRISK WALKS

Our walks in Breckland are short but brisk. We encourage walkers to walk at their own pace with a front and back marker. We do not stop during the walk, but there is usually a welcome stop for coffee or tea at the end of the walk. There is no need to book – just ensure you have your membership card with you and arrive in good time to hear the pre-walk introduction. You are welcome to come for a taster walk first to see you like it! A good pair of walking shoes and adequate outdoor clothing is all that is needed as on occasions it can be wet and muddy. Postcodes shown on the schedule are as near as we can get them. Grid references have been provided in some cases. In very wet weather we might have to change the normal routes for safety reasons. However, the meeting places will be the same. Walks may have to be cancelled in very bad weather...please phone or email on the morning if in doubt.

ATTLEBOROUGH Mondays

Contact John Parker on 01953 425918 or crookitawbee@gmail.com or Brenda Claburn on 01953 456909 or bclaburn@yahoo.com

Date	Time	Town and Start Point	Walk Name	Miles
1-Apr-2019	10:30	Great Hockham. Hockham Picnic Site on A1075, Great Hockham IP24 1PA	Hockham Picnic Site	3.85
8-Apr-2019	10:30	Spooner Row. Primary School, Station Road, NR18 9JR	Guller's Walk	3.75
15-Apr-2019	10:30	Rocklands All Saints. Playing Field, Green Lane, NR17 1UA NEW WALK	Over Rook Grove	4.35
22-Apr-2019	10:30	Shadwell. Forest Retreat Reception Centre park on the Distribution and Maintenance Car Park IP24 2RX	Thorpe Forest Walk	4.10
29-Apr-2019	10:30	Carleton Rode. Jubilee Hall, Mill Road, NR16 1NQ	Carleton Rode/Bunwell Circular	4.00
6-May-2019	10:30	Fundenhall. St. Nicholas' Church, Church Lane, NR16 1AH	Ketts Country Walk	4.25
13-May-2019	10:30	Mulbarton. Village Hall Car Park, The Common, Mulbarton, Norwich. NR14 8AE	Mulbarton via Swardeston	3.95
20-May-2019	10:30	New Buckenham. Village Hall, Moat Lane, NR16 2AU	New Buckenham Circuit	1.75 or 3.60
27-May-2019	10:30	Winfarthing. St. Mary's Church. IP22 2ED	Winfarthing Country Walk	4.10
3-Jun-2019	10:30	The Fox Inn, The Street, Garboldisham, Norfolk, England, IP22 2QG NEW WALK	Extended Village Walk	4.15
10-Jun-2019	10:30	Old Buckenham. Old Buckenham Church, The Green, NR17 1RP	New Buckenham Castle Walk	4.85
17-Jun-2019	10:30	Kenninghall. Park in Powell Close leading from School Close. NR16 2EJ	Countryside & Millennium Walk	3.75
24-Jun-2019	10:30	Mulbarton. Village Hall Car Park, The Common, Mulbarton, Norwich. NR14 8AE	Mulbarton via Bracon Ash	4.05
1-Jul-2019	10:30	Old Buckenham. Old Buckenham Country Park, Doe Lane NR17 1PP	Stacksford Walk	4.70
8-Jul-2019	10:30	Great Ellingham. The Crown Public House, 30 Church Street, NR17 1LE	Great Ellingham & Rocklands	4.50
15-Jul-2019	10:30	Attleborough. White Lodge, London Road, Attleborough, Norfolk NR17 1AY	Hargham Woods	4.15
22-Jul-2019	10:30	Banham. Near Entrance To St. Mary the Virgin Church, The Village Green, NR16 2HN	Banham	3.75
29-Jul-2019	10:30	East Wretham. East Wretham Nature Reserve Car Park on A1075 IP24 1RU	East Wretham Nature Reserve	3.65

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

Sunday	11.5	Morston & Binham	Postcode NR25 7AA
19th May	MEET	Morston NT CP	OS REF 007 413
1000hrs	LED BY	Richard M	TEL 07837 160315
		<i>CP charge for non-NT members</i>	
Tuesday	BRISK 5.5	Coxford & Broomsthorpe	Postcode PE31 8RS
21st May	MEET	Old Fakenham Rd, Coxford (opp Manor Mews)	OS REF TF 849 295
1000hrs	LED BY	Pam	TEL 077595 49273
Wednesday	3.7	South Wootton, Reffley & Lynnsport	Postcode PE30 3LJ
22nd May	SHORT & MEET	South Wootton VH CP	OS REF TF640 227
1330hrs	LEISURELY	Jane H	TEL 01553 631600
		<i>CP fee (see start of programme)</i>	
Thursday	5.3	Around Wimbotsham	Postcode PE34 3PP
23rd May	MEET	CP opp. Heron Pub, Stowbridge	OS REF TF 604 070
1000hrs	LED BY	Hugh & Jane	TEL 07842 275847
Saturday	6	Wootton Woods/Castle Rising	Postcode PE31 6AA
25th May	MEET	Car park on Castle Rising Road opp golf club entrance	OS REF TF 652 237
1100hrs	LED BY	Maureen & Roy	TEL 01553 675833
Sunday	12.5	Emanuel's Common, Tulip Hill & Great Dunham	Postcode PE32 2XB
26th May	MEET	Castle CP, Castle Acre	OS REF 820 152
1000hrs	LED BY	Derek R	TEL 07585 416683
Tuesday	BRISK 5.5	Sheringham Park	Postcode NR26 8TL
28th May	MEET	NT Car Park	OS REF TG 139 412
1000hrs	LED BY	Mick	TEL 01328 830886
		<i>CP charge for non-NT members</i>	
Thursday	5.5	Courtyard Farm	Postcode Not used
30th May	MEET	Car Park off Burnham to Ringstead Road (not at farm)	OS REF TF 722 405
1000hrs	LED BY	Keith	TEL 01485 542268
		approx 1 mile East of Ringstead	
Saturday	6	Royal Estate Sandringham, Permissive Walk	Postcode PE31 6BY
1st Jun	MEET	Appleton Fruit Store	OS REF TF 713 266
1000hrs	LED BY	James	TEL 01485 542848
		<i>By permission – sorry no dogs</i>	
Sunday	13	Narford Hall, West Acre & Castle Acre	Postcode PE37 7QE*
2nd Jun	MEET	Narford Woods off A1122 Forestry Post 105	OS REF 767 095
1000hrs	LED BY	Pam & Mark	TEL 01553 810126
			*nearest postcode
Monday	10	Holkham & Coast	Postcode NR23 1RJ
3rd Jun	MEET	Holkham Village CP	OS REF 891 436
1000hrs	LED BY	Paul O	TEL 01485 578218
Tuesday	BRISK 6	Castle Acre	Postcode PE32 2AA
4th Jun	MEET	Field Car Park	OS REF TF 814 150
1000hrs	LED BY	Valerie	TEL 01553 765860
Wednesday	3.5	Around the Lakes	Postcode PE32 1EN
5th Jun	SHORT & MEET	Leziate VH CP	OS REF TF680 191
1000hrs	LEISURELY	Brian	TEL 07974 956965
Thursday	5	Wootton Woods / Babingley Bridge	Postcode PE31 6BD
6th Jun	MEET	Car park on Castle Rising Road opp golf club entrance	OS REF TF 654 239
1000hrs	LED BY	John	TEL 01553 631458
Saturday	6.5	Woodland Meander	Postcode PE35 6AB
8th Jun	MEET	Sandringham Visitors' Centre,	OS REF TF 690 288
1000hrs	LED BY	Cliff	TEL 07783 153429

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

Date	Day	Time	Activity	Location	Postcode	Contact
Sunday 9th Jun		1000hrs	MEET	Marham Fen & Pentney Abbey Shouldham Warren CP	PE33 0DG OS REF TF 680 104	Nigel TEL 01366 387868
Tuesday 11th Jun	BRISK	1000hrs	MEET	Brancaster & Barrow Common Brancaster Church Jcn B1153/A149	PE31 8AW OS REF TF 772 439	Jane TEL 01553 631600
Wednesday 12th Jun	Breakfast Walk	0815hrs	MEET	The Congham Fry - Breakfast Walk* The Anvil PH, Congham	PE32 1DX OS REF TF710 236	Sue & Mike TEL 01553 679277
* Walk followed by full English breakfast @ £9.25 each. Pre-booking essential. See 'Ramblings' for details.						
Thursday 13th Jun		1000hrs	MEET	Old Hunstanton Park & Ringstead St Mary's Church CP, Old Hunstanton	PE36 6JS OS REF TF 688 419	Dennis & Angela TEL 01485 572458
Saturday 15th Jun		1000hrs	MEET	Fring Fring Church	PE31 6SE OS REF TF 735 348	Sue C TEL 01485 570377
Sunday 16th Jun		1000hrs	MEET	A "Wimseycal" Wander Denver Sluice CP	PE38 0EQ* OS REF 588 012	Sue & Mike TEL 01553 679277
* nearest postcode						
Tuesday 18th Jun	BRISK	1000hrs	MEET	Kelling & Weybourne Holt Garden Centre, Holgate Hill	NR25 7ER OS REF TG 093 412	Peter TEL 07476 740388
Wednesday 19th Jun	SHORT & LEISURELY	1400hrs	MEET	Ingoldisthorpe & Dersingham Ingoldisthorpe Lay-by on B1440 south of village	PE31 6NY OS REF TF683 324	Keith TEL 01485 542268
Thursday 20th Jun		1000hrs	MEET	Houghton - By Permission Bunkers Hill CP opp. West Lodge	PE31 6UD OS REF TF 776 289	James TEL 01485 542848
By permission – sorry no dogs						
Saturday 22nd Jun		1000hrs	MEET	Narborough/Narborough Fen Narborough Community Centre, Chalk Lane	PE32 1SR OS REF TF 751 123	Alan B TEL 01760 720070
Sunday 23rd Jun		1000hrs	MEET	Syderstone Saunter Syderstone Church	PE31 8SD OS REF 833 327	Paul O TEL 01485 578218
Tuesday 25th Jun	BRISK	1000hrs	MEET	Beetley & Gressenhall Museum Car Park	NR20 4DR OS REF TF 974 169	Chris TEL 01760 722947
Wednesday 26th Jun	Evening Walk	1800hrs	MEET	Grimston & Gayton Layby in Broad Drove, Grimston	N/K OS REF TF730 216	Sue & Mike TEL 01553 679277
Thursday 27th Jun		1000hrs	MEET	Downham Market and Denver Sluice Denver Sluice CP	PE38 0EQ OS REF TF 589 010	Hugh & Jane TEL 07842 275847
Saturday 29th Jun		1000hrs	MEET	Thornham Harbour CP at end of Straiht Lane	PE36 6NL OS REF TF 727 444	Caroline TEL 07836 776693

Date & time if not 10am	Venue	Grid ref	Miles	Leader & Tel no
Sunday May 19	Harleston. Bullock Fair Close car park IP20 9AT near Co-op (formerly Budgens) 20 pence for toilets	230 245835	10	Steve 01379 676602 07762 159279
Sunday June 2	Mulbarton Village Hall car park The Common NR 14 8AE via Swardeston	237 195008	5	John 01953 425918 07443 571778
Wednesday June 5	<u>Joint walk with Norwich Ramblers</u> Mulbarton Village Hall car park The Common NR 14 8AE	237 195008	5-6	Peter J 07905 565740
Sunday June 9	Elsing Church car park Church Street NR20 3EA	238 051165	6.5	Pauline & Peter 01953 857849 07796 430364
Sunday June 30	<u>Joint walk with Mid Norfolk Group</u> Emily's Wood car park by A1065 South of Mundford	229 793893	9	Paul 01842 878702 07969 007685
Thursday June 20	Hapton St. Margaret's Church Holly Lane NR15 1SE	237 176966	5	Sheila 01953 860156
Wednesday July 3	Southwold. Park & meet near the water tower on the common	231 502762	7	Steve 01379 676602 07762 159279
Sunday July 7	Wymondham. Park in town car parks & meet at Market Cross NR18 OAX	237 110014	6	Steve 01379 676602 07762 159279
Thursday July 18	Hethel Bridge NR14 8ET via Toprow (Park on old cut off road between Wymondham Rd. & Cranes Rd.)	237 173993	5.5	Sheila 01953 860156
Saturday July 20	Car Park at end of Hardley Staithe Road NR14 6BU via Langley	OL40 388011	7.5	John 01953 425918 07443 571778

Group walks on the Ramblers website.

All our walks are included on the Ramblers website and you can find any last minute changes there (happily this rarely happens) plus a map showing the start point, and the start point postcode. There may also be extra walks that came in too late to be included in this printed programme so do check from time to time.

To find the programme online look up www.ramblers.org.uk/southern-norfolk or type in Southern Norfolk Ramblers on Google. To get the map and other details click on the walk's title in the blue area in the bottom right hand section of the screen.

SOUTHERN NORFOLK GROUP

April – July 2019

Secretary: Margaret Wilde Tel 01953 788268 Email jamwilde@hotmail.com
Walks Sec. John Parker Tel 01953 425918 Email crookitbawbee@gmail.com

Start time. All walks start at 10.00 am unless stated otherwise.

In the event of extreme weather, please contact the Walk Leader.

Leaders may have to alter planned routes if footpaths are not maintained.

Use of car parks. A fee (£1 per car) will normally be collected to donate to the owners.

Packed lunch stops are normally only made for walks over 6-7 miles, but please always carry a drink and snack.

Explorer map references are given unless another map series is stated but grid references are the same for all series.

Dogs are welcome, especially on Thursday walks, unless otherwise stated. They are the sole responsibility of their owners.

Date & Time if not 10am	Venue	Grid ref	Miles	Leader & Tel.no
Wednesday April 3	Gissing Village Centre car park, behind church IP22 5UJ £1 donation	230 146853	10	Steve 01379 676602 07762 159279
Sunday April 7	Bunwell Village Hall on B1113. NR16 1SW £1 donation	237 127927	4.5	John & Margaret 01953 788268 07570 898666
Thursday April 18	Fornsett St. Peter Church NR16 1HX via Great Moulton	237 165928	6	Sheila 01953 860156
Sunday April 28	Alburgh Village Hall car park, Low Road IP20 0BD £1 donation	230 267872	10	Steve 01379 676602 07762 159279
Wednesday May 1	Knettishall Heath Country Park car park.	230 955807	10	Steve 01379 676602 07762 159279
Sunday May 5	Tacolneston Village Hall, West Way off B1113. NR16 1BZ £1 donation	237 141945	5	John & Margaret 01953 788268 07570 898666
Thursday May 16	Hingham park opposite school in Hardingham St. NR9 4JB	237 024023	6	Sheila 01953 860156

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

Sunday	13	Massingham to Gayton	Postcode PE32 2HN
30th Jun	MEET	Village Green, Great Massingham	OS REF TF 798 229
0930hrs	LED BY	Jean	TEL 01553 676783
Monday	10	Emanuel's Common, Tulip Hill & Castle Acre	Postcode PE32 2XB
1st Jul	MEET	Castle CP, Castle Acre	OS REF 820 152
1000hrs	LED BY	Derek R	TEL 07585 416683
Tuesday	BRISK 6.5	Thornham	Postcode PE36 6LX
2nd Jul	MEET	Car Park by Thornham Deli	OS REF TF 731 433
1000hrs	LED BY	Valerie	TEL 01553 765860
TWO WALKS TODAY:-			
Wednesday	3.5	Wolferton	Postcode PE31 6HF
3rd Jul	SHORT & MEET	Wolferton CP	OS REF TF660 282
1000hrs	LEISURELY LED BY	Alan B	TEL 01760 720070
Wednesday	4.5	The Congham Conga	EVENING Postcode PE32 1DX
3rd Jul	Evening MEET	The Anvil PH, Congham	OS REF TF710 236
1800hrs	Walk LED BY	Hugh & Jane	TEL 07842 275847
Thursday	5	Beachamwell Variations	Postcode PE37 8BJ
4th Jul	MEET	Beachamwell Village Hall	OS REF TF 751 054
1000hrs	LED BY	John and Hazel	TEL 01366 385772
Saturday	6	Shouldham	Postcode PE33 0DG
6th Jul	MEET	Shouldham Warren CP	OS REF TF 680 104
1000hrs	LED BY	Myra	TEL 07875 632732
Sunday	10	Sandringham – by permission	Postcode PE35 6EN
7th Jul	MEET	Sandringham Visitors' Centre,	OS REF TF 690 288
1000hrs	LED BY	James	TEL 01485 542848
<i>By permission – sorry no dogs</i>			
Tuesday	BRISK 6	Warham & Wighton	Postcode NR23 1NL
9th Jul	MEET	CP opp Three Horseshoes Pub	OS REF TF 947 416
1000hrs	LED BY	Pam	TEL 077595 49273
Wednesday	4.8	Ashwicken	EVENING Postcode PE32 1LN
10th Jul	Evening MEET	All Saints Ch. Ashwicken (0.4 mile along Church Lane South)	OS REF 699 189
1800hrs	Walk LED BY	Sue & Mike	TEL 01553 679277
Thursday	5	Royal Estate - By Permission	Postcode PE35 6EN
11th Jul	MEET	Sandringham Visitors' Centre,	OS REF TF 689 287
1000hrs	LED BY	James	TEL 01485 542848
<i>By permission – sorry no dogs</i>			
Saturday	5	Refley Woods/Gaywood River	Postcode PE32 3UG
13th Jul	MEET	NW corner of ASDA CP, Grimston Rd.	OS REF TF652 224
1000hrs	LED BY	Jon	TEL 01553 673251
Sunday	11	Wash Coastline	Postcode PE31 6NY
14th Jul	MEET	Ingoldisthorpe Lay-by on B1440 south of village	OS REF TF 683 324
1000hrs	LED BY	Cliff	TEL 07783 153429
Tuesday	BRISK 5.5	Salthouse	Postcode NR24 7XH
16th Jul	MEET	Salthouse Village Hall	OS REF TG 077 437
1000hrs	LED BY	Katie	TEL 01485 542848

KING'S LYNN & DISTRICT GROUP APRIL 2019 TO JULY 2019

TWO WALKS TODAY:-

Wednesday 3.5 West Dereham Wander Postcode PE33 9RF
 17th Jul **SHORT & MEET** West Dereham VH CP OS REF TF662 016
1000hrs **LEISURELY** LED BY Hazel & John **CP fee (see start of programme)** TEL 01366 385772

Wednesday 4.5 Pott Luck **EVENING** Postcode PE32 1BP
 17th Jul **Evening MEET** Hudson Fen CP, Chapel Rd, Pott Row OS REF TF 702 227
1800hrs **Walk** LED BY Sue & Mike TEL 01553 679277

Thursday 5 Reffley Wood & Gaywood River Postcode PE30 3UG
 18th Jul **MEET** NW corner of ASDA CP, Grimston Rd. OS REF TF 651 224
 1000hrs **LED BY** Jon TEL 01553 673251

Saturday 6 Clenchwarton & West Lynn Postcode PE34 3JQ
 20th Jul **MEET** Ferry Square, West Lynn OS REF TF 612 203
 1000hrs **LED BY** Dave H TEL 07891 562990

Sunday 14 Massingham Heath Manoeuvres Postcode PE31 6DS
 21st Jul **MEET** Harpley Dams - off A148 at rear of Dogotel OS REF TF 771 254
0930hrs **LED BY** Bill F TEL 07803 374698

Tuesday **BRISK** 7 Harpley to Old Bottom Postcode PE31 6DS
 23rd Jul **MEET** Harpley Dams behind Dogotel OS REF TF 771 254
 1000hrs **LED BY** Gerald TEL 07831 586940

Wednesday 4.8 Grimston Carr **EVENING** Postcode PE32 1XB
 24th Jul **Evening MEET** Lane opposite Low Road Grimston/Congham OS REF TF720 227
1800hrs **Walk** LED BY Sue & Mike TEL 01553 679277

Thursday 6 Holkham Postcode NR23 1RJ
 25th Jul **MEET** Holkham Village Car Park OS REF TF 891 436
 1000hrs **LED BY** Caroline TEL 01485 512420

Saturday 5.5 Narborough & Marham Fen Postcode PE32 1SR
 27th Jul **MEET** Narborough Community Centre, Chalk Lane OS REF TF 751 123
 1000hrs **LED BY** John & Hazel TEL 01366 385772

Sunday 14 Snettisham-Sedgeford-Ringstead Postcode PE31 7NJ
 28th Jul **MEET** Church Road, Snettisham OS REF TF688 341
 1000hrs **LED BY** Gerald TEL 07831 586940

Tuesday **BRISK** 6 Around the Raynhams Postcode NR21 7BN
 30th Jul **MEET** All Saints Church Helhoughton OS REF TF 869 265
 1000hrs **LED BY** Judith TEL 01553 670915

TWO WALKS TODAY:-

Wednesday 3.9 Syderstone Common Postcode PE31 8SE
 31st Jul **SHORT & MEET** Syderstone Common - jct Mill Lane & Tattersett Rd OS REF TF835315
1000hrs **LEISURELY** LED BY Paul O TEL 01485 578218

Wednesday 5 Roydon Common **EVENING** Postcode N/K
 31st Jul **Evening MEET** Roydon Common CP OS REF 679 227
1800hrs **Walk** LED BY Maureen & Roy TEL 01553 675833

88 Walks

30th **EAST HARLING** E230/L144 990867 5¼ Diana
 (Sports & Social Club near the church) NR16 2NA 01603 423085

JUN 6th **SHELFANGER** E230/L144 106841 6 Sue A
 (Village Hall, Common Road) IP22 2DP 01379 676654
 [NB Booking starts today for the coach trip on 20th June]

13th **TRIMINGHAM** E252/L133 273388 6 Sue W
 (Trimingham Hall, Cromer Road) NR11 8HY 01603 411679

16th **LONG STRATTON** E237/L134 197927 4 Rod & Janet
 (Sunday 2.00pm) (Public Car Park behind Co-op, Swan Lane) NR15 2XG 01379 677267

20th **COACH TRIP** (Kirtling & Newmarket) 9 Simon & Gill
8.45am from **B&Q**, off Hall Road: **[book via Rod 01379 677267 or 07881 524406]** 01603 748390

27th **CORPUSTY** E252/L134 112301 6 Malcolm
 (Village Hall, Heydon Road) NR11 6PN 07531 306456

JUL 4th **GELDESTON** OL40/L134 389919 6¼ Marie & Sue LW
 (The Wherry Inn) NR34 0LB 07708 232885
 [NB Booking starts today for the coach trip on 18th July] 07917 668025

11th **LINGWOOD** OL40/L134 364081 6½ Lesley
 (Village Hall, Station Road) NR13 4AZ 01692 630605

18th **COACH TRIP** (Shotley Gate & Wherstead) 9 Anna
8.45am from **B&Q**, off Hall Road: **[book via Rod 01379 677267 or 07881 524406]** 01603 662304

21st **HORSTEAD** OL40/L134 263198 4½ Pauline & Vic
 (Sunday 2.00pm) (Tithe Barn, Rectory Road) NR12 7EP 01603 898804

25th **HOMERSFIELD** E231/L156 284856 5½ Heather
 (Opposite The Black Swan PH) IP20 0ET 01508 494272

NORFOLK AREA RAMBLERS HOLIDAY IN 2019

To Weston-super-Mare, Somerset,

from Saturday 31 August to Friday 6 September 2019

If interested, contact Joyce with SAE for an application form

to Morlais, Barford Road, Marlingford, Norwich, NR9 5HU

or phone her on 01603 880783

WENSUM GROUP

Secretary: Tony Smith: 3 Priors Drive, Old Catton, Norwich, NR6 7LJ. Tel: 01603 423085
Email: ditonsmith@gmail.com

Please Note. All walks on Thursdays start at 10.30 am unless otherwise stated.
If there is doubt about a walk taking place (e.g. due to adverse weather), please contact the walk leader or the Secretary.

Short & Leisurely Walks. Each of the Thursday walks listed below, including coach trips, will generally have a shorter (typically 3 mile) option available at a more leisurely pace.
Please contact the Secretary or the walk leader for more details if required.

Date	Venue	Grid Ref	Miles	Leader
APR	4th TIBENHAM (Community Centre, Pristow Green Lane)	E230/L144 133891	5¾ NR16 1QJ	Rod & Janet 01379 677267 07881 524406
	11th MANNINGTON (Mannington Hall Car Park – parking fee)	E252/L133 141321	5 NR11 7BB	Ian 01603 622539
	(During the walk two new kissing gates, replacing old stiles, will be dedicated in memory of Jeanne Le Surf, our former President, Area Footpath Secretary and long-time writer of Eastern Evening News walks. The gates are being paid for by Norfolk Ramblers. All members and friends are invited to join us, whether for the full walk or for a short walk, or just for the dedication. The gates are about half a mile from the road through a meadow.)			
	18th COACH TRIP (Monks Eleigh & Kersey) 8.45am from B&Q , off Hall Road: book via Rod 01379 677267 or 07881 524406		9½	Sue W & Ann 01603 411679
	21st THORPE MARRIOTT (Sunday <u>2.00 pm</u>) (Car Park in Acres Way off Pendlesham Rise)	E238/L134 172148	4 NR8 6XE	Sue W 01603 411679
	25th POTTER HEIGHAM (At rear of Latham's Car Park)	OL40/L134 419185	5½ NR29 5JE	Vernon 01493 741004
MAY	2nd BLICKLING (Bluebell Walk) (Main NT car park: charge for non-members)	E252/L133 175285	6 NR11 6NF	Gareth 01603 457153
	[NB Booking starts today for the coach trip on 16th May]			
	7th WALK & WHERRY TRIP (Tuesday <u>9.00am</u>) (Forsythe Wherry Yard, Horsefen Road, Ludham)	OL40/L134 396177	4–5 NR29 5QG	Joyce 01603 880783
	Sail one way and walk back the other way – or vice versa. <u>Advance bookings only (£14)</u>			
	9th SHOTESHAM (The Globe PH – park along road if not eating there)	E237/L134 245995	6 NR15 1YG	Pauline & Barbara 01508 498960
	16th COACH TRIP (Southwold) 8.45am from B&Q , off Hall Road: book via Rod 01379 677267 or 07881 524406		9	Richard & Sally 01603 437560
	19th WORSTEAD (Sunday <u>2.00 pm</u>) (Queen Elizabeth Hall behind the church)	OL40/L134 301261	4 NR28 9RW	Sue W 01603 411679
	23rd TRUNCH (Social Club, Gimingham Road)	E252/L133 287350	6 NR28 0PS	Pat & Trish 01603 405767 01603 429004

Hike Norfolk

Hike Norfolk is simply great walks, great events and great people. Come and join us for one of our interesting walks or one of many social events, fun and exciting for everybody! All brave walkers welcome.

Last few months we've been busier than ever participating in the Ramblers Winter Walks Festival between 23rd December and 6th January. Hike Norfolk got 30 people on some of their walks, of which we've put on seven across the festival. We have participated in 'Time to Talk Day' on 7th February offering a chance to walk and talk for anybody feeling lonely and also led two walks on 18th February for UEA 'Do something Different Festival' for students to enjoy outdoors with us. Our group is constantly growing and on the lookout for new brave walkers to join our ranks.

We have a lot of exciting walks coming in March and few upcoming trips including Poland (Krakow) and Ireland. Our walks programme is constantly growing and evolving. Be sure to check links below regularly as we add new walks every week on our [Meetup.com](https://www.meetup.com/hikenorfolk/) page and Ramblers website:

Check upcoming walks and events here:

<https://www.meetup.com/hikenorfolk/events/>

Here is a link to a handy calendar of our events. Nights out and monthly meals are filling up very quickly!

<https://www.meetup.com/hikenorfolk/events/calendar/>

You can find all the news and pictures from walks on our Facebook page:

<https://www.facebook.com/groups/hikenorfolk/>

Questions, ideas or suggestions always welcome! We are always keen on hearing from our members: baniaka@gmail.com

Norwich Group

NORWICH GROUP

Secretary: Peter James, 21 George Pope Close, Norwich NR3 3RG ☎ 01603 478486

Sunday Walks Co-ordinator: Gerald Brooker, ☎ 01603 501599 📱 07980 181911

Wednesday Walks Co-ordinator: Steve Bensley ☎ 01692 678326

Grid References are shown with the Explorer Map No followed by the Grid Reference

In the event of inclement weather contact the walk leader for the latest information

Forth coming events in this programme and later in the year below for your diary

Lincolnshire Walking Weekend April 12th – 15th 2019 based at Louth

Lake District walking week Saturday 15th June to Saturday 22nd June, 2 walks each day, 1st walk on Sunday 16th June.

Snowdonia Walking week Saturday 21st September to Saturday 28th, 1st walk on Sunday 22nd September.

Important information We (the Norwich Group) are going to be organising some social events during 2019

The events will be announced through the Norfolk Area Meetup website page and might not be in the printed Area Newsletter or on the Norfolk website. We will do our best to inform the active members of the group as well as try to encourage new members to join the Norwich group

Date	Details	Start	Miles	Leaders
Saturday 6th Apr 10:30	Blakeney Blakeney Village Hall	E: 251, L: 133 TG 0258 4378	8	Ann 07798664815
Sunday 7th Apr 10:00	FAKENHAM Meet at the carpark adjacent to the Holy Trinity Church Hempton Green. Additional parking on lanes and grass verges nearby.	E: 251, L: 132 TF9142/2917	12	Phil G 07784340458
Wednesday 10th Apr 10:00	Weston Longville Park and meet at Weston Longville - Hall for All. Please park on the grass playing field and NOT the gravel car park. Toilets NOT available.	E: 238, L: 133 TG 11523 15963	11	Simon W 01603748390
Friday 12th Apr 11:00	Lincolnshire Weekend Hubbard Hills Louth	E: 282, L: 122 TF3161 8674	8	Richard S 01603 945160 07940 231479
Saturday 13th Apr 10:00	Lincolnshire Weekend Ramblers car park about 1 mile south of Nettleton village on minor road.	E: 282, L: 122 TF1105 9910	11	Richard W 07936697038

Sunday 2 nd June	Briggate Weavers Way CP OL 40 316276	Carol 0798 486 4828	8
Tuesday 4 th June	North Walsham Weavers Way C.P turn left into station rd right at roundabout then straight on to C.P on left OL40 275299	Mary 0795 729 2418	5.5
Sunday 16 th June	Fressingfield car park behind chapel OL 230 262774	Mike & Ros 01493 752125 07857 758914	8
Tuesday 18 th June	RSPB C.P Strumpshaw Fen LR 134 340068 Donation to RSPB please	Jackie 01493 852818	5
Sunday 30 th June	Hoist Covert C.P Walberswick LR 156 483744	Jean & Tony (G) 01493 667718	8
Tuesday 2 nd July	Fish and chip/ evening walk *6 o'clock start * park north end of Yarmouth sea front meet by former Iron Duke pub LR 134 530099	Christine 01493 300999	5
If you want to have Fish and chips , please let Christine know by 25 th June .			
Sunday 14 th July	Dunwich Beach C.P LR 156 479707	Shannon & Alan 01508 493536	8
Tuesday 16 th July	Stokesby Green park around the green OL 40 431105	Ruth 01493 730720	5
Sunday 28 th July	Winterton playing fields C.P LR 134 489194	Barbara 01692 405703 07724931645	8

GREAT YARMOUTH AND DISTRICT GROUP

Programme April to July 2019

Secretary .. Ros .Phone .. 01493 752125 . e-mail.. ragyra936@gmail.com

All Sunday walks start at 10.30









Tuesday morning walks at 10.00
Except 2nd July..6.p.m (evening walk)







In the event of inclement weather , please telephone the leader(s) to check if the walk is still taking place .A donation is requested when parking in village hall (V. H) or community centres car parks . Only registered assistance dogs on a short lead are allowed on walks .

Thank you once again to all those who offer to lead walks . We do manage to fill up the programme but only just. Any new leaders will be most welcome . Help is available . Please let Jackie have details of walks for the next programme by the 2nd June . E-mail .. jm.roberts@mypostoffice.co.uk or phone 01493 852818 .

Date	Venue / Map ref .	Leader (s)	Miles
Tuesday 2 nd April	Upton Dyke C.P LR 134 402128	Tony 01493 843939	6
Sunday 7 th April	How Hill C.P Ludham LR 134 372190	Christine 01493 300999	8
Tuesday 16 th April	North Burlingham park on road near church OL 40 364101	Geoff & Monica 01603 720374	5.5 to 6
Sunday 21 st April	Saxlingham Nethergate park village playing field south of village EXP237 234967	Alan & Linda 01508 530600 07979001164	8
Sunday 5 th May	Walcott park on sea front LR 133 359329	Jackie 01493 852818	8
Tuesday 7 th May	Ranworth Broads Authority C.P LR 134 359146	Margaret 0791 7715674	4 to 5
Sunday 19 th May	Pigney's wood C. P Hall lane North Walsham LR 133 296321	Richard & Lynda 01493 731089 077329 36249	7.5
Tuesday 21 st May	Potter Heigham V.H LR 134 412195	Sue & Erny 01692 671744 07379 400997	5.5

There will be a committee meeting after this walk at Jackie's .

Date	Details	Start	Miles	Leaders	
Sunday 14th Apr 10:00	Lincolnshire Weekend Park at Hamilton hall East road Tetford.	E: 273, L: 122 TF3331 7472	11	Judith 07810165708	
Sunday 14th Apr 10:00	Reepham Meet and park at the central car park, Station Road (B1145), Reepham.	E: 238, L: 133 TG 099 230	11	John W 07972 693043	
Monday 15th Apr 10:00	Lincolnshire Weekend~ Scamblesby Meet and park Chapel Lane, on grass verge opposite the recycling bins.	E: 273, L: 122 TF 2817 7852	8	Jeanne & Pat 01603 897141 07766 394763	
Saturday 20th Apr 10:30	North Walsham Meet and park at Weavers Way car park, Station Road, North Walsham, overspill parking on roads nearby.	E: 252, L: 133 TG 2751 3002	8	Gerald 07980181911	
Sunday 21st Apr 10:00	Loddon Park & meet at Church Plain car park, Loddon (no charges on Sundays)	L: 134 TM 3623 9874	12	Maria 07968226750	
Wednesday 24th Apr 10:00	Mundesley Park and meet at the Coronation Hall, Cromer Road (next to the church). Donation of £1 per car to Hall funds please.	E: 252, L: 133 TG 3112 3693	10	Jeanne & Pat 01603 897141 07766 394763	
Sunday 28th Apr 10:00	HINDRINGHAM HINDRINGHAM Village Hall £1 per car donation	TF 9838 3619	11	Stephen B 01603 483956 07502 085715	
Saturday 4th May 10:30	Banham Banham Church	E: 230, L: 144 TM0640 8819	8	Peter J 07905565740	
Sunday 5th May 10:00	Southrepps Park and meet at Village Hall, Chapel Street. Donation of £1 per car to hall funds, please.	E: 252, L: 133 TG 2565 3650	11	Jeanne & Pat 01603 897141 07766 394763	
Wednesday 8th May 10:00	Sheringham Boating lake, West cliff	E: 252, L: 133 TG 1543 4349	11	Roy 01603279883	

Date	Details	Start	Miles	Leaders	
Sunday 12th May 10:00	Mannington Park and meet in the Mannington Hall car park, £2 per car.	E: 251, L: 133 TG 14153208	12	Phil H 07952164472	
Saturday 18th May 10:30	ERPINGHAM Erpingham Church £1 per Car Donation	TG 1988 3125	8	Stephen B 01603 483956 07502 085715	
Wednesday 22nd May 10:00	Wiveton Meet and park at Wiveton Downs Car Park.	E: 251, L: 133 TG 0313 4218	11	Richard S 01603 945160 07940 231479	
Sunday 26th May 10:00	Ditchingham Green lane car park off Loddon Road Ditchingham	E: OL40, L: 134 TM3418 9119	12	Richard W 07936697038	
Saturday 1st Jun 10:30	Brooke Meet and park around the Village Pond.	E: OL40 or 237, L: 1: TM 290 992	8	Richard S 01603 945160 07940 231479	
Sunday 2nd Jun 10:00	St James South Elmham Park at the village hall. £1 per car donation required.	E: 231, L: 156 TM 32065 81165	12	Phil H 07952164472	
Wednesday 5th Jun 18:30	Mulbarton Mulbarton Common Car park	E: 237, L: 134 TG195008	6	Peter J 07905565740	
Sunday 9th Jun 10:00	Felthorpe There is a 2nd free car park close to meeting point.	E: 238, L: 133 TG18162 17561	11	Ron 07769 556526 01603 506140	
Wednesday 12th Jun 10:00	Aldborough Park around green. Meet at village sign.	E: OL40, L: 133 TG1836 3422	11	Steve & Janet 01692 678326 07500 161634	
Wednesday 26th Jun 10:00	CLEY NEXT THE SEA Meet at the Village hall car park (free). No beach walking.	E: 251, L: 133 TG0475/4372	10	Phil G 07784340458	
Sunday 30th Jun 10:00	Briggate Weavers Way Car Park Briggate.	E: OL40, L: 133 TG3168 2760	12	Steve & Janet 01692 678326 07500 161634	

June 2nd	Brisley Village Hall Figure of 8 (4 miles + 4 miles)	Exp 238 132-950216 NR20 5LR	8	Sue and Brian 01328.701545 07776 466393
June 9th	Felbrigg South Main NT car park Charge for non members	Exp 252 133-192393 NR11 8PR	10	Neil 01362 853037 07847 644762
June 16th	Bircham Windmill	Exp 250 132-761327 PE31 6SJ	8.5	Sheila Burns 01328 701034
June 23rd	Hardingham Church Park on Church road by church.	Exp 237 144-036050 NR9 4EW	10	Michael 01953 797058
June 30th	Emily's Wood Weeting	Exp 237 144-795895 IP27 0RE	9.5	Sheila 01362 421253 07749 523089
July 7 th 10.30 train £5.50 pp	Steam Rail and walk back Dereham – Thuxton Contact leader by June 9 th Meet in railway car park 10.10.	Exp 238 132-994131 NR20 3AN	7	Jenny 01362 696787 07887 604040
July 14th	Beeston Regis Park in lay by road off A149 opp. Priory Maze	Exp 252 133-165427 NR26 8SF	10	Sue and Brian 01328.701545 07776 466393
July 21st	Blakeney Village Hall car park	Exp 251 133-026437 NR25 7PG	9	Carole 01362 637752
July 28th	Roman camp NT car park Of Sandy Lane 50p non members	Exp 133-183413 NR27 9ND	10	Alan 01362 696117

- If any members are booking **Ramblers Worldwide Holidays**, please tell them the name of your local Ramblers group and they will donate money to that group. See back of Walks Programme for details or ring 01707 386804.
- When parking at village halls, a charge of £1 p.p. applies.

MID-NORFOLK GROUP

Sec: Jenny Atterwell Tel. 01362 696787

Walks Co-ordinator: Sue Day. Tel. 01328-701545

All walks start at 10am unless otherwise stated.

Packed lunch required for walks of over 7 miles.

Queries regarding all walks should be addressed to the leaders concerned.

NB. If a leader is suddenly unavailable, it is their responsibility to find a replacement.

Please note, postcodes given are as close as possible to walks.

Programme of walks April 2019 – July 2019

Date	Venue	Grid ref. / postcode	Miles	Leaders
April 7th	Gooderstone Water Gardens	Exp 236 143-766022 PE33 9BP	9	Paul 01842 878702
April 14th	Dereham – Neatherd Moor Park at far end	Exp 237 133-005135 NR20 4AX	10	Alan 01362 696117
April 21st	Leziate Village Hall	Exp 236 132-681192 PE32 1EN	6.5	Sue and Brian 01328 701545 07776 466393
April 28th	Holkham Village car park	Exp 251 132-892436 NR23 1RJ	8.5	Jenny 01362 696787 07887 604040
	Wensum Way			
May 5 th * 9.30 start * £5 pp	Linear walk, transport back. Gressenhall Museum car park. Contact leader for place by April 21 st	Exp 238 132 -975171 NR20 4HE	12	Jenny 01362 696787 07887 604040
May 12th	Holt Country Park Mackey's Hill Car Park Hempstead Road	Exp 251 133-091380 NR25 6JX	9	Sheila 01362 421253 07749 523089
May 19th	Whissonsett Village playing field overflow car park.	Exp 238 132– 918233 PE38 9HS NR20 5AE	8.5	Maureen 01603 866193
May 26th	Barton Bendish Park by St Andrew's Church	Exp 236 143-712056 PE33 9GF	7.75	Michael 01953 797058

Date	Details	Start	Miles	Leaders
Wednesday 3rd Jul 18:30	Salhouse Salhouse Station car park	E: OL40, L: 134 TG2931 1393	6	Peter J 07905565740
Saturday 6th Jul 10:30	Mannington Mannington Hall	E: 252, L: 133 TG1416 3207	8	Peter J 07905565740
Sunday 7th Jul 10:00	Beccles Quay car park on Fen Lane. Parking is currently free but may be chargeable by the time this walk takes place. If so it will be free for the first 2 hours and then 70p per hour thereafter. So only £2-10 for 5 hours.	E: 231, L: 156 TM 4237 9117	12	Phil H 07952 164472
Wednesday 10th Jul 10:00	Blakeney Free Village hall car park.	E: 251, L: 133 TG0261 4377	11	Steve & Janet 01692 678326 07500 161634
Sunday 14th Jul 10:00	New Buckenham Village Hall car park, Moat Lane, NR16 2AU. £1 donation per car towards village hall funds. Toilets will be open	E: 237, L: 144 TM 0877 9068	12	Maria 07968226750
Wednesday 17th Jul 18:30	Moushould heath car park off Gurney road	E: OL40, L: 134 TG2470 1035	6	Peter J 07905565740
Saturday 20th Jul 10:30	Woodton Park at Woodton village hall. Hempnall Road. donation to hall funds please.	E: OL40, L: 156 TM 2895 9397	8	Ann 01603439544
Sunday 21st Jul 10:00	Santon Downham Park and meet at St Helens picnic site at Santon Downham Post code will take you there	E: 229, L: 144 TL 8265 8734	12	Neil 79792 25280 01953 529658
Wednesday 24th Jul 10:00	SHERINGHAM SHERINGHAM BOATING LAKE Norfolk Peeks Walk	E: 252, L: 133 TG 1543 4349	11	Stephen B 01603 483956 07502 085715
Sunday 28th Jul 10:00	Loddon Park and meet at Church Plain car park, Loddon.	E: OL40, L: 134 TM 362 987	12	John W 07972 693043

SHERINGHAM GROUP

Group Secretary Steve Guratsky, Laurel Cottage, Southrepps Road, Antingham, NR28 ONS
01263 834006

Walks Secretary Jasmine Winter, Hope Cottage, The Street, Weybourne, NR25 7SZ
01263 588822

Walks start at 10am unless otherwise stated.

Wednesday walks are morning only with a brief snack break. For long Sunday walks, please bring a packed lunch.

If you wish to bring a dog on any walk, please phone the leader beforehand.

Dates	Venue	Grid ref	Miles	Leaders
APRIL				
Wed 3rd	Thurning Church Free car park but limited so please park prettily	133/081295 Exp. 251	6	Jasmine 01263 588822 Mobile 07990668344
Sun 7th	Sco Ruston layby, off B1150 Car parking free	133/218282 OL 40	10	Rebecca 01692 503122
Sun 21st	Holgate High, Weybourne Free car parking	133/096416 Exp. 251	9.5	Norman 01263 825457 Mobile 07776345464
MAY				
Wed 1st	Wiverton Downs Free car parking	133/031424 Exp. 251	5.5	Judith 01263 588920 Mobile 07771363176
Sun 5th	Hindringham Village Hall Free car park	132/983360 Exp. 251	9.5	Dereck 01263 821300
Wed 15 th	Corpusty Station Road, free car parking	133/112300 Exp. 252	6.5	Mike & Jane 01263 824885 Mobile 07845236964
Wed 29th	Blickling Fishermen's car park P&D, free for NT members	133/179296 Exp. 252	5.75	Ken & Sue 01603 867645 Mobile 07967138620
JUNE				
Sun 2nd	Wiverton Downs Free car parking	133/031424 Exp. 251	9	Dereck 01263 821300
Wed 12th	Burgh next Aylsham Church Free car parking opposite	133/218251 Exp. 252	5.75	Brenda & Graham 01263 570084
Sun 16th	Sexton's Lodge, Felbrigg Free car park	133/187399 Exp. 252	9.5	Norman 01263 825457 Mobile 07776345464
Wed 26 th	Aylsham Station Free car parking at far end	133/196265 Exp 238	6.5	Mike & Jane 01263 824885 Mobile 07845236964
Sun 30 th 11am start	Walk preceding BBQ at 1pm Upper Sheringham Village Hall Free car parking See booking slip	133/424419 Exp. 252	5	Jasmine 01263 588822 Mobile 07990668344

Following this walk a Walks Planning Meeting will take place at 162 Norwich Road, Fakenham NR21 8AN. If you cannot come and have a walk please let Alison know.

Wednesday 5 th	Salle Meet/park near Church of St Peter & St Paul	238/110249 NR10 4SE 5.8 miles	Sandra & Philip 01603 755121
Saturday 15 th	Cross Norfolk Trail Stage 4 Gressenhall to Lenwade Park/meet Quebec Wood off B1110 (north of Dereham). Car Shuttle. Volunteers needed. Phone leader if walking.	238/984148 12 miles	Jenny & Vic 01263 713613
Wednesday 19 th	Ringstead Park/meet Ringstead V.H. CP. £1 per person	250/707404 PE36 5JU 9 miles	Lily 01328 851124
Saturday 29 th	Holkham Park/meet Holkham Village CP	251/891436 NR23 1RG 11 miles	Suzanne 01328 711523
July			
Wednesday 3 rd	Corpusty Park/meet V.H. CP £1 per person	252/112300 NR11 6QQ 7 miles	Judith 01328 864061
Saturday 13 th	Cross Norfolk Trail Stage 5 Lenwade to Norwich Park/meet Marriots Way CP, Lenwade Bus Pass/Fare needed for return	238/104185 NR9 5LR 11 miles	Sandra & Philip 01603 755121
Wednesday 17 th	Baconsthorpe Park/meet Baconsthorpe Castle	252/121381 NR25 6LN 7 miles	Barbara & Richard 01328 862834
Saturday 27 th	Mattishall Park/meet Church Plain	238/053117 NR20 3QF 8 miles	Barbara & Alan 01328 855352
Wednesday 31 st	Mannington Hall Park/meet CP. £2 per car	252/140322 NR11 7BB 6 miles	Jenny & Vic 01263 713613
Cross Norfolk Trail – final 3 stages in next programme			

FAKENHAM RAMBLERS GROUP**Programme of Walks – April 2019 – July 2019****Group Sec: Vic – 01263 713613 : Walks Sec: Alison – 01328 712155**

*WEEKEND walks start at 10.30 am and WEDNESDAY walks start at 10.00 am, unless otherwise stated.
Packed lunches required for walks over 6 and more miles. In case of inclement weather, please contact the Walk Leader.*

Date & Time	Venue	Grid Ref & Miles	Leader(s)
April Saturday 6 th	Cross Norfolk Trail Stage 2 Narborough to Litcham Park/meet near Lakes off A47. (Pass maroon sign 'Crane' then take 1 st track on right). Car Shuttle. Volunteers needed. Phone leader if walking.	236/479143 12 miles	Judith 01328 864061
Wednesday 10 th	The Burnhams Park/meet Burnham Thorpe V.H. £1 per person	251/854415 PE31 8HN 6 miles	Alison 01328 712155
Saturday 20 th	EASTER SATURDAY - NO WALK TODAY		
Wednesday 24 th	Morston Park/meet Morston N.T. CP.	251/007441 NR25 7AA 6 miles	Sue & John 01328 710138
May Saturday 4 th	Great Bircham & Fring Park/meet Great Bircham Social Club £1 per person	250/769325 PE31 6QW 8.75 miles	Barbara & Richard 01328 862834
Wednesday 8 th	Wiveton Downs Park/meet Nature Reserve CP	251/032421 6 miles	Jenny & Vic 01263 713613
Saturday 18 th	Cross Norfolk Trail Stage 3 Litcham to Gressenhall Park/meet Dunham Road CP. Car Shuttle. Volunteers needed. Phone leaders if walking.	238/887173 PE32 2DD 9.25 miles	Iris & Richard 01362 860825
Wednesday 22 nd 9.45 Start	Cromer linear walk Meet Cromer Station for 9.55 train. Limited space so phone to book place.	252/214422 NR27 9EB 8 miles	Sue & John 01328 710138
June Saturday 1 st	Fakenham Park/meet Aldiss Community CP behind Fakenham Tyres	251/914292 NR21 7LA 6 miles	Margaret & Stuart 01328 864727

JULY

Wed 3 rd Evening walk 6pm	Holkham Village car park Free parking Fish and Chip supper 8.30pm	132/891436 Exp. 251	5.5	Mike & Jane 01263 824885 Mobile 07845236964
Wed 10 th Picnic walk	How Hill Free car park Tour of St.Benet's Abbey included Bring a picnic to eat on route	133/372190 OL 40	7	Ivor 01692 631556
Sun 14 th	Itteringham Village Hall Free car parking	133/144309 Exp. 252	9.5	Norman 01263 825457 Mobile 07776345464
*Sun 21 st Wherry Trip 9am start	Walk & sail Forsyth Wherry Base Horse Fen, Ludham See booking slip	133/396177 OL 40	5.5	Ivor 01692 631556
Wed 24 th	Holkham Village car park Free parking	132/891436 Exp. 251	5	Teresa 01263 861633 Mobile 07585210596

Leg Stretchers

Please check <http://www.legstretchers.org.uk/walking-programme/> for any extra walks or changes during this period.

There is no April walk as we're on our first Legstretchers holiday to the Three Peaks.

Date	Details	Start	Miles	Leaders
Sunday 5th May 09:30	Walberswick Walberswick Village Hall	TM 498 746	18	Clive
Sunday 2nd Jun 09:30	Loddon High Street	TM 362 987	20	Maria
Sunday 7th Jul 09:00	Sheringham Sheringham Boating Lake	TG 154 435	18	Cas

Norfolk Ramblers' : Walks Finder

April 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 BK	2 BGK	3 BOS	4 BKW	5	6 FKN	7 BGKMNOS
8 B	9 BK	10 BFKN	11 BKW	12 BN	13 KN	14 BKMN
15 BN	16 BGK	17 B	18 BKOW	19 B	20 KN	21 GKMNSW
22 B	23 BK	24 BFKN	25 BKW	26 B	27 K	28 BKMNO
29 B	30 BK					

May 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 BOS	2 BKW	3 B	4 FKN	5 BGLMNOS
6 BK	7 BGKWw	8 BFKN	9 BKW	10 B	11 K	12 BKMN
13 B	14 BK	15 BS	16 BKOW	17 B	18 FKN	19 BGKMOW
20 B	21 BGgK	22 BFKN	23 BKW	24 B	25 K	26 BKMN
27 B	28 BK	29 BS	30 BKW	31 B		

This calendar shows which groups are holding a walk on a particular date, walks are that group is indicated by a lower case letter. Please see the group's listing for the

Key: F: Fakenham, G: Great Yarmouth, K: King's Lynn, M: Mid Norfolk, N: Norwich, S: Sheringham, O: Southern Norfolk, W: Wensum, I: Hike Norfolk, B: Breckland SB Walks

Calendar : April to July 2019

June 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 FKN	2 BGKLMNOS
3 B	4 BGK	5 BFKNO	6 BKW	7 B	8 K	9 BKMNO
10 B	11 BK	12 BKNS	13 BKW	14 B	15 FK	16 BGKMSW
17 B	18 BGK	19 BFK	20 BKOW	21 B	22 K	23 BKM
24 B	25 BK	26 BKNS	27 BKW	28 B	29 FK	30 BGKMNOS

July 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 BK	2 BGgK	3 BFKNOS	4 BKW	5 B	6 KN	7 BKLMNO
8 B	9 BK	10 BKNS	11 BKW	12 B	13 FK	14 BGKMN
15 B	16 BGK	17 BFKN	18 BKOW	19 B	20 KNO	21 BKMNSsW
22 B	23 BK	24 BKNS	25 BKW	26 B	27 FK	28 BGKMN
29 B	30 BK	31 BFK				

indicated by a capital letter in the appropriate day's box, whilst any other event by specific details of the walk or event.