

**The Walking Partnership**

Supported by Ramblers Worldwide Holidays

**Direct financial support for your local walking group**

Travel with Ramblers Worldwide Holidays and support your walking group!  
Receive group funding every time you holiday through the Walking Partnership initiative.

Call us or go online for more information

**01707 386804** [www.thewalkingpartnership.org.uk](http://www.thewalkingpartnership.org.uk)

ABTA V5094 AtoI protected 0990 AITO



# Interlogic

**Tel:** 01362 709044 **Mobile:** 07802 270598

**Email:** [richard@inter-logic.co.uk](mailto:richard@inter-logic.co.uk) **Web:** [www.inter-logic.co.uk](http://www.inter-logic.co.uk)

**Are you happy with your Internet Service Provider?**

Inter-Logic have always prided ourselves on the best ever broadband installations. This starts with one of the best service providers in the industry, offering UK based technical support with properly qualified technicians on a normal rate phone number. On top of this, Inter-Logic install high quality Internet connection hardware, and always make sure your security software is current, so that every install is a safe install.

To get the most from your Internet connection, contact Inter-Logic to see how we can help!

## Index of Walks Programmes

BRECKLAND SB WALKS	32 - 38	MID NORFOLK	22 - 23
FAKENHAM	18 - 19	NORWICH	10 - 15
GREAT YARMOUTH	24 - 25	SHERINGHAM	16 - 17
HIKE NORFOLK	30	SOUTHERN NORFOLK	28 - 29
KING'S LYNN	3 - 9	WENSUM	26 - 27
LEGSTRETCHERS	31		

# Ramblers

<http://www.norfolkra.org.uk/>



## Norfolk Area Newsletter & Walks Programme

April - July 2020

### UPDATE FROM THE CHAIR

Are you a good communicator? At Norfolk Area we recognise that we are missing opportunities to promote the work that Ramblers are doing in the county, and to help our groups to grow. We are looking to recruit one or two more people onto the existing communications team to help with this. Are you good at writing articles for newspapers, good at speaking on the Radio, good with social media, or just keen to learn one of these skills. Please contact me if you would like a further chat about how you can help with this.



Would you like to have a private tour of Norfolk Record Office on 19th March? See: <https://www.meetup.com/Norfolk-Area-Ramblers/events/266227732/> or phone me.

Richard. 24 Swanton Avenue, Dereham, NR19 2HJ 01362 709044 [richard@inter-logic.co.uk](mailto:richard@inter-logic.co.uk)

### NEXT MEETING AND DEADLINES

The next deadline for copy for the newsletter is 13th June 2020. The deadline for copy for the following newsletter will be 10th October 2020.

The remaining Area Council meeting in 2020 will be on 14th November at 10:00 at Honingham Village Hall.

Our Area Secretary is Ken Hawkins, the address for area correspondence is 26 Hillfields, Dereham NR19 1UE. His phone number is 07505 426750 and email address is [ken-hawkins@tiscali.co.uk](mailto:ken-hawkins@tiscali.co.uk)

### PATH PROBLEMS

Path problems can be reported to the Rights of Way Team, Planning Dept, Norfolk County Council, County Hall, Martineau Lane, Norwich, NR1 2SG. (Telephone: 0344 800 8020.)

You can report them online via the map at <http://maps.norfolk.gov.uk/highways/>

Where a member is unsure, or the problem is not clear, report the problem to Ian Mitchell, 5 Montcalm Road, Norwich, NR1 4HX. 01603 622539, email address: [norfolkramblersafps@gmail.com](mailto:norfolkramblersafps@gmail.com) Please also send Ian anything sent to the council.

### RAMBLERS CENTRAL OFFICE

The address of the Ramblers' Central Office is:

2nd Floor, Camelford House, 87—90 Albert Embankment, London SE1 7TW

Tel: 020 7339 8500, Fax: 020 7339 8501

email [ramblers@ramblers.org.uk](mailto:ramblers@ramblers.org.uk) Web <http://www.ramblers.org.uk>

The Norfolk Area, Ramblers, is part of The Ramblers, a registered charity (number 1093577), and a company limited by guarantee (registration number 4458492)

### From our External Communications Officer

If your group would like any announcements made on the Norfolk Area Ramblers Facebook page (<https://www.facebook.com/norfolkramblers>) or would like to post your walks on Meetup (<https://www.meetup.com/Norfolk-Area-Ramblers/>) & want to learn how to do it, please contact Marita 07818818701 or [mar25coltrane@gmail.com](mailto:mar25coltrane@gmail.com)

Marita

### Norfolk Ramblers' Holiday

Did you ever come along on one of these holidays? We invite you to a Get Together in Bawburgh Village Hall on Saturday 5th September, 5 to 10 pm.

Do join us for a fun evening, and scrumptious refreshments.

We look forward to seeing you there!

Contact Sue on 411679 or Joyce on 880783

### Don't Lose Your Way

Those members who were at the Area AGM will have learned about the new Don't Lose Your Way campaign that central office were about to launch. This relates to the 2026 cut off date for claiming unrecorded paths using historical evidence. This campaign is now up and running.



If you want to find out more, or to get involved then go to the following web page:

<https://dontloseyourway.ramblers.org.uk/>

Richard May

### Some pictures from our 2020 AGM:



## WEETING WALKS

Tuesdays

For more information contact:

Keith and Linda Thomas on 01760 756455 or

email [oldcoachhouse7@sky.com](mailto:oldcoachhouse7@sky.com)



DATE	TIME	TOWN & START POINT	POSTCODE	WALK
<b>APR</b>				
Tue 7th	09:30	Saxon Pub Car Park	IP27 0QW	Hockwold Brickkiln Farm - 9:43 bus towards Kings Lynn - £2.30 or Bus Pass
Tue 14th	10:00	Saxon Pub Car Park	IP27 0QW	Memorial Site of Wartime Plane Crash
Tue 21st	10:00	Saxon Pub Car Park	IP27 0QW	Ancient Cross Circular Walk
Tue 28th	10:00	Saxon Pub Car Park	IP27 0QW	Emily's Wood
<b>MAY</b>				
Tue 5th	10:00	Saxon Pub Car Park	IP27 0QW	Crescent Wood
Tue 12th	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Lodge/Village Trail past Sunnyside Cottages
Tue 19th	09:20	Saxon Pub Car Park	IP27 0QW	Brandon Little Ouse/Chalk Lane/Fengate Drove - 9.33 bus to Aldi's Car Park Brandon - £2.00 or Bus Pass
Tue 26th	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Road Covert and Wellington Plantation
<b>JUN</b>				
Tue 2nd	09:30	Brandon Sports Centre, Church Street	IP27 0JB	Brandon to Santon Downham return via Little Ouse /Gashouse Drove
Tue 9th	10:00	Saxon Pub Car Park	IP27 0QW	Pilgrim's Walk
Tue 16th	10:00	Saxon Pub Car Park	IP27 0QW	Crescent Wood
Tue 23rd	10:00	Saxon Pub Car Park	IP27 0QW	Emily's Wood
Tue 30th	09:30	Saxon Pub Car Park	IP27 0QW	Hockwold Brickkiln Farm - 9:43 bus towards Kings Lynn - £2.30 or Bus Pass
<b>JUL</b>				
Tue 7th	10:00	Saxon Pub Car Park	IP27 0QW	Lynn Lodge/Village Trail past Sunnyside Cottages
Tue 14th	10:00	Saxon Pub Car Park	IP27 0QW	Ancient Cross Circular Walk
Tue 21st	10:00	Saxon Pub Car Park	IP27 0QW	Pilgrim's Walk
Tue 28th	09:20	Saxon Pub Car Park	IP27 0QW	Brandon Little Ouse/Chalk Lane/Fengate Drove - 9.33 bus to Aldi's Car Park Brandon - £2.00 or Bus Pass

### KING'S LYNN & DISTRICT GROUP APRIL 2020 TO JULY 2020

<b>Group Secretary:-</b>	Ms P Andrew	Tel .07759 549273
<b>Walks Programme Coordinators:-</b>		
<b>Tuesdays:-</b>	Ms P Andrew	Tel .07759 549273
<b>Wednesday Short &amp; Leisurely:-</b>	Mr A Brinson	Tel. 01760 720070
<b>Thursdays:-</b>	Mr H Pearce	Tel. 07842 275847
<b>Saturdays:-</b>	Ms M Hendey	Tel. 07875 632732
<b>Sundays &amp; Programme Secretaries:-</b>	Mr M & Mrs S Berman	Tel. 01553 679277

**Walk Details:-** Walks in this programme will commence @ **10:00** unless otherwise stated, when the start time will be shown in **BOLD** print. **Please check programme.**

**BRISK** walks will maintain this pace throughout the walk; members who feel they would be unable to keep up are advised not to attempt them.

**Food & drink** - members should bring sufficient for their own needs over the length of the walk

**Please observe both the Highway Code** on roads and the **Country Code** on all our walks.

**Weather** - If the weather is particularly bad prior to a walk we recommend that you contact the leader(s) before setting out, to check that the walk will still take place.

**Dogs** - are welcome on most walks but should be on a lead. Some walks are by permission of the landowner when only assistance dogs are permitted. If in doubt, please contact the walk leader.

#### Ordnance Survey (OS) Map References & Postcodes

The six digit number is the walk start location reference, with the first three digits showing position on the map edge scales **horizontally** & the second three showing position **vertically**. **Postcodes** shown should get you to the vicinity of the start point if using a Satnav but will not necessarily take you to the start point.

**WALK BOOKS:-** We have a wide range of books available to walkers, covering areas local to King's Lynn, as well as other parts of Norfolk. They all feature 16 circular walks with maps and are easy for the casual walker to follow.

Prices are around £3.50 and books can be obtained from:- [www.kingslynramblers.org](http://www.kingslynramblers.org)

Please Note Abbreviations:- CP = Car Park VH = Village Hall NT = National Trust PH = Public House

**Programme Secretary's Note:-** This programme and other information about the group can be found on our website [www.kingslynramblers.org](http://www.kingslynramblers.org). For 'Fit Together Health Walks' details can be found at [www.activenorfolk.org/fittogether](http://www.activenorfolk.org/fittogether) or telephone the local coordinator on 01553 616251

**CAR PARKING** - at some locations a fee of £1 per car (unless otherwise stated) is levied.

This is in appreciation of our permission to park.

NB: ALL WALK DISTANCES SHOWN ARE ESTIMATED AND SHOWN IN MILES

**MOST SUNDAY WALKS are at least 8m and kept at a steady pace with snack & lunch stops expected.**

If you require further information about any walk please contact the walk leader.

Wednesday	3.7	Ryston & Bexwell	Postcode	PE38 0DP
1 <sup>st</sup> Apr	SHORT & MEET	Road alongside Denver Church	OS REF	TF 614 016
1000hrs	LEISURELY LED BY	Colin B	TEL	01366 858101
Thursday	6	Holkham and Wells	Postcode	NR23 1RJ
2 <sup>nd</sup> Apr	MEET	Holkham Village CP	OS REF	TF 891 436
1000hrs	LED BY	Jan & Deri	TEL	01553 840651
Saturday	5.5	Coxford & Broomsthorpe	Postcode	PE31 6TB
4 <sup>th</sup> Apr	MEET	Coxford turning off A148 near Manor Farm	OS REF	TF 849 295
1000hrs	LED BY	Maureen & Roy	TEL	01553 675833

## KING'S LYNN &amp; DISTRICT GROUP APRIL 2020 TO JULY 2020

Sunday 5 <sup>th</sup> Apr		<b>No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.</b>		
Tuesday 7 <sup>th</sup> Apr 1000hrs	BRISK	6.75 MEET LED BY	Fring Fring Church Michael A	Postcode PE31 6SE OS REF TF 735 348 TEL 07724 810038
Wednesday 8 <sup>th</sup> Apr 1000hrs		9 MEET LED BY	Dunham Plantation & Wells Green Castle Acre, Castle CP Derek R	Postcode PE32 2AJ* OS REF TF 820 152 TEL 07858 565700 <small>*nearest postcode</small>
Thursday 9 <sup>th</sup> Apr 1000hrs		6.3 MEET LED BY	West Lynn & Around Ferry Square, West Lynn Myra	Postcode PE34 3JQ OS REF TF 612 203 TEL 07875 632732
Saturday 11 <sup>th</sup> Apr 1000hrs		6.5 MEET LED BY	Wolferton vs Sandringham Wolferton – Dersingham Bog CP Myra	Postcode PE31 6HB* OS REF TF 711 253 TEL 07875 632732 <small>* nearest postcode</small>
Sunday 12 <sup>th</sup> Apr 1000hrs		13.6 MEET LED BY	Around West Raynham Opposite Helhoughton Church Les	Postcode NR21 7BP OS REF TF 869 265 TEL 01263 862705
Tuesday 14 <sup>th</sup> Apr 1000hrs	BRISK	6 MEET LED BY	Sugar Fen, Pott Row Hudson Fen CP, Chapel Rd, Pott Row John M	Postcode PE32 1BP OS REF TF 702 227 TEL 01553 671533
Wednesday 15 <sup>th</sup> Apr 1400hrs	SHORT & LEISURELY	4 MEET LED BY	Cowslips at Courtyard Farm Car Park on Burnham to Ringstead road. Keith	Postcode PE36 5LB* OS REF TF 722 405 TEL 01485 542268 <small>* nearest postcode</small>
Thursday 16 <sup>th</sup> Apr 1000hrs		5 MEET LED BY	Hunstanton & Holme St Edmunds Chapel, Cliff Parade, Hunstanton Jan & Deri	Postcode PE36 6EJ OS REF TF 674 419 TEL 01553 840651
Saturday 18 <sup>th</sup> Apr 1000hrs		5.5 MEET LED BY	Great Massingham Great Massingham Green Maureen & Roy	Postcode PE32 6SE OS REF TF 979 229 TEL 01553 675833
Sunday 19 <sup>th</sup> Apr 0930hrs		14 MEET LED BY	Wereham I Going Lay-by N of Wereham roundabout on A134. Nigel	Postcode PE33 9ED* OS REF TF 673 028 TEL 01366 387868 <small>*nearest postcode</small>
Tuesday 21 <sup>st</sup> Apr 1000hrs	BRISK	5.5 MEET LED BY	Courtyard Farm, Cowslip Walk Ringstead Common CP Cliff	Postcode N/A OS REF TF 722 405 TEL 07783 153429
Thursday 23 <sup>rd</sup> Apr 1000hrs		6 MEET LED BY	Pentney & River Nar Pentney Church.....Parking in front of church Hugh & Jane	Postcode PE32 1LB OS REF TF 721 138 TEL 07842 275847

## WATTON WALKS Tuesday 10.10 am &amp; Thursday 10.10 am

For more information contact: Peter Bird 01953 883149 or peterbird@me.com

APRIL	TOWN & START POINT	POSTCODE	WALK	MILES
Thu 2nd	MERTON Village Hall	IP25 6QX	Merton Peddars Way	4
Tue 7th	SAHAM WAITE Beet Pad Long Road	IP25 7RQ	Saham Waite Circular	4.1
Thu 9th	CARBROOKE Village Hall	IP25 6SW	Carbrooke Four Mile	3.75
Tue 14th	ROCKLAND ALL SAINTS Village Hall	NR17 1TP	Brown's Lane	4.3
Thu 16th	WATTON Queen's Hall Car Park	IP25 6DA	Wood Lane & Wayland Wood	4.2
Tue 21st	THOMPSON Community Hall	IP24 1PY	Thompson Water Walk	4.2
Thu 23rd	HOCKHAM Picnic Site A1075	IP24 1PA	Hockham Picnic Site	3.75
Tue 28th	THOMPSON Community Hall	IP24 1PY	Thompson Church Walk	3.2
Thu 30th	WRETHAM Nature Reserve A1075	IP24 1RU	Harling Drove	4.2
MAY				
Tue 5th	THOMPSON Community Hall	IP24 1PY	Tottington Road Long Walk	3.2
Thu 7th	ASHILL Community Centre	IP25 7AX	Ashill Figure of Eight	3.4
Tue 12th	HINGHAM Sports & Social Club	NR9 4HD	Chicken Farm Walk	4.3
Thu 14th	ICKBURGH Desert Rats Car Park	IP26 5BZ	Desert Rats Walk	3.7
Tue 19th	ROCKLAND ALL SAINTS Village Hall	NR17 1TP	Rockland All Saints Circular	3.5
Thu 21st	WATTON Thetford Road Car Park *	IP25 6DA	Watton & Merton Circular	3.75
Tue 26th	THOMPSON Community Hall	IP24 1PY	Sparrow Hill	3.2
Thu 28th	WATTON Queen's Hall Car Park	IP25 6DA	Town Green & Camp Long Walk	3
JUNE	Park at Queen's Hall *			
Tue 2nd	THOMPSON Community Hall	IP24 1PY	Thompson Church Walk	3.2
Thu 4th	ASHILL Community Centre	IP25 7AX	Ashill Panworth Hall Long Walk	3.4
Tue 9th	ROCKLAND ALL SAINTS Village Hall	NR17 1TP	Brown's Lane	4.3
Thu 11th	WATTON Queen's Hall Car Park	IP25 6DA	Redhill Lane	3.8
Tue 16th	THOMPSON Community Hall	IP24 1PY	Thompson Water Walk	4.2
Thu 18th	LYNFORD Arboretum Car Park NEW!	IP26 5HW	Lynford Hall, Arboretum & Lakes	4
Tue 23rd	MERTON Village Hall	IP25 6QX	Merton Peddars Way	4
Thu 25th	WATTON Queen's Hall Car Park	IP25 6DA	Watton & Carbrooke Circular	3.75
Tue 30th	SAHAM WAITE Beet Pad Long Road	IP25 7RQ	Saham Waite Circular	4.1
JULY				
Thu 2nd	ASHILL Community Centre	IP25 7AX	Ashill Figure of Eight	3.4
Tue 7th	THOMPSON Community Hall	IP24 1PY	Tottington Road Long Walk	3.2
Thu 9th	WRETHAM Nature Reserve A1075	IP24 1RU	Harling Drove	4.2
Tue 14th	HINGHAM Sports & Social Club	NR9 4HD	Chicken Farm Walk	4.3
Thu 16th	HOCKHAM Picnic Site A1075	IP24 1PA	Hockham Picnic Site	3.75
Tue 21st	WATTON Queen's Hall Car Park	IP25 6DA	Loch, Church & Town Green	3.5
Thu 23rd	LYNFORD Arboretum Car Park NEW!	IP26 5HW	Lynford Hall, Arboretum & Lakes	3.8
Tue 28th	THOMPSON Community Hall	IP24 1PY	Sparrow Hill	3.2
Thu 30th	CARBROOKE Village Hall	IP25 6SW	Carbrooke Four Mile	3.75



## SWAFFHAM WALKS

Wednesdays 09:30 am &amp; Sundays 10:00 am

For more information contact:

Keith Hardy 01760 720247 or email keithhardy@hotmail.co.uk  
or Peter Carter 01760 622164 or email peter6753@sky.com

APRIL	TOWN & START POINT	POSTCODE	WALK	MILES
WED 1st	HOLME HALE Village Hall Car Park	NR19 1FD	Village Walk	2.1 or 3.1
SUN 5th	SWAFFHAM, Theatre Street Car Park	PE37 7HF	Dulgate Lane	3.3
WED 8th	BRADHENHAM Cricket Club	IP25 7QL	Farm Walk	2.9
SUN 12th	EASTER SUNDAY (NO WALK)			
WED 15th	NORTH PICKENHAM (Com Hub)	PE37 8LG	Farm Walk	6.2 or 3.4
SUN 19th	BEACHAMWELL Village Hall	PE37 8BB	Farm Walk	3.7
WED 22nd	CASTLE ACRE park in field near Toilets	PE32 2AA	Mill Walk	4.00
SUN 26th	EAST LEXHAM Village Green	PE32 2QP	EAST LEXHAM Farm	4.00
WED 29th	SPORLE Community Centre	PE32 2DR	Farm Walk	3.5 or 5.1
MAY				
SUN 3rd	NARBOROUGH Community Centre	PE32 1SR	Narborough River	6.2
WED 6th	SWAFFHAM Theatre Street Car Park	PE37 7HF	Farm Walk	3.3
SUN 10th	BEACHAMWELL Village Hall	PE37 8BB	Village Walk	3.6
WED 13th	NECTON Village Hall	PE37 8EH	Clay Pit Farm Walk	3.4
SUN 17th	GREAT FRANSHAM Village Hall Station Rd.	NR19 2JB	Farm Walk	4.2
WED 20th	SWAFFHAM Waitrose Car Park	PE37 7HT	Turbine Walk	3.4
SUN 24th	ASHILL Community Centre, Hale Road	IP25 7AX	Fig of 8 Walk	2.3 or 3.3
WED 27th	BRADENHAM Cricket Club	IP25 7QL	Farm Walk	2.9
SUN 31st	CASTLE ACRE park in field near Toilets	PE32 2AA	Long Walk	6.2
JUNE				
WED 3rd	OXBOROUGH Village Hall	PE33 9QB	OXBOROUGH Village	3.3
SUN 7th	ASHILL Com Cen (Strawberry Tea (1300 hrs))	IP25 7AX	Panworth Hall fig of 8	2.4 or 3.5
WED 10th	WEST ACRE, The Stag Pub, Low Road	PE32 1TP	Farm Walk	4.5
SUN 14th	MacDonalds overflow car park(A47)	PE37 7TZ	Pettygards Farm Walk	4.6
WED 17th	SWAFFHAM Theatre Street Car Park	PE37 7HF	Lynn Road/Swaefas	5.0
SUN 21st	DEREHAM, Queen Mothers Garden CP	NR19 1FD	Water Tower West	3.3
WED 24th	NARBOROUGH Community Centre	PE32 1SR	Village Walk	3.0
SUN 28th	NORTH PICKENHAM (concrete pad)	PE37 8JS	Farm Walk	3.4
JULY				
WED 1st	NECTON, Village Hall	PE37 8EH	Village Walk	2.9
SUN 5th	GRESSENHALL Rural Life museum car park	NR20 4DR	Gressenhall/Beetly	4.5
WED 8th	CASTLE ACRE park in field near Toilets	PE32 2AA	Historical Walk	2.9
SUN 12th	Drymere Forest, Park (signpost 105)	PE37 8AS	Forest Walk	3.7
WED 15th	SPORLE MacDonalds Overflow car park(A47)	PE37 7TZ	Procession Lane Walk	4.0
SUN 19th	GREAT FRANSHAM Village Hall	NR19 2JB	Farm Walk	4.2
WED 22nd	ASHILL Community Centre	IP25 7AX	Cressingham Road	2.6
SUN 26th	DEREHAM, Queen Mothers Garden CP	NR19 1FD	Rushmeadow Walk	3.4
WED 29th	HOLME Hale Village Hall car park	IP25 7DP	Farm Walk	2.58

## KING'S LYNN &amp; DISTRICT GROUP APRIL 2020 TO JULY 2020

Saturday	6.5	Walsingham & Great Snoring	Postcode	NR22 6AL
25 <sup>th</sup> Apr	MEET	Slipper Chapel CP	OS REF	TF 920 353
1000hrs	LED BY	Sue M	TEL	07964 065017
Sunday	12	Barton Bendish & Beachamwell	Postcode	PE33 9GF
26 <sup>th</sup> Apr	MEET	St Andrew's Church, Barton Bendish	OS REF	TF 713 057
1000hrs	LED BY	Gerald	TEL	07831 586940
Tuesday	BRISK	6	Postcode	PE32 2HN
28 <sup>th</sup> Apr	MEET	Gt. Massingham	OS REF	TF 798 229
1000hrs	LED BY	Village Green	TEL	01553 767157
Ken				
Wednesday	3.6	Towards Beachamwell	Postcode	PE37 7HF
29 <sup>th</sup> Apr	SHORT & MEET	Theatre Street CP	OS REF	TF 819 087
1000hrs	LEISURELY	LED BY Alan B	TEL	01760 720070
Thursday	<b>No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.</b>			
30 <sup>th</sup> Apr				
Saturday	6.5	Grimston & Congham	Postcode	PE31 6BJ*
2 <sup>nd</sup> May	MEET	Layby off A148 just west of Hillington	OS REF	TF 711 253
1000hrs	LED BY	Maureen & Roy	TEL	01553 675833
Sunday	10.5	Brancaster Marsh & Barrow Common	*nearest postcode	Postcode PE31 8AW
3 <sup>rd</sup> May	MEET	Brancaster Church @ junction of B1153 & A149	OS REF	TF 772 439
1000hrs	LED BY	Ray	TEL	07788 187513
Monday	10	Holme & Cowslips	Postcode	PE36 5LB*
4 <sup>th</sup> May	MEET	Courtyard Farm	OS REF	TF 722 405
1000hrs	LED BY	Paul O	TEL	01485 578218
Tuesday	BRISK	6	*nearest postcode	Postcode NR11 6NF
5 <sup>th</sup> May	MEET	Blickling Bluebells	OS REF	TG 176 285
1000hrs	LED BY	Main NT Car Park (non members pub CP)	TEL	01760 722947
Chris				
Thursday	<b>No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.</b>			
7 <sup>th</sup> May				
Saturday	6.5	Castle Rising to Sandringham	Postcode	PE31 6DZ
9 <sup>th</sup> May	MEET	Castle Rising – road alongside Alms houses	OS REF	TF 666 248
1000hrs	LED BY	Marie	TEL	07919 864577
Sunday	14	Bill's Massingham Mystery Tour	Postcode	PE31 6DS
10 <sup>th</sup> May	MEET	Harpley Dams behind Dogotel	OS REF	TF 771 254
0930hrs	LED BY	Bill F	TEL	07803 374698
Tuesday	BRISK	6.5	Postcode	PE31 6UD
12 <sup>th</sup> May	MEET	Houghton - By Permission	OS REF	TF 776 289
1000hrs	LED BY	Bunkers Hill CP, opp West Lodge	TEL	01485 542848
James		By permission – sorry no dogs		
<b>TWO WALKS TODAY:-</b>				
Wednesday	9	Hereward Way and Little Ouse Path	Postcode	IP27 0TQ*
13 <sup>th</sup> May	MEET	Santon Downham Forestry Commission CP	OS REF	TL 816 878
1000hrs	LED BY	Derek R	TEL	07858 565700
			* nearest postcode	

## KING'S LYNN &amp; DISTRICT GROUP APRIL 2020 TO JULY 2020

Wednesday 13 <sup>th</sup> May 1330hrs	3.7 MEET LED BY	Lynnsport South Wootton VH CP Jane H	Postcode OS REF TEL	PE30 3LJ TF 640 227 01553 631600
<i>CP fee (see start of programme)</i>				
Thursday 14 <sup>th</sup> May 1000hrs	5 MEET LED BY	Reffley Wood, Bluebells & Wild Garlic NW corner of ASDA CP, Grimston Rd. Jon	Postcode OS REF TEL	PE30 3UG TF 651 224 01553 673251
Saturday 16 <sup>th</sup> May 1000hrs	6.5 MEET LED BY	Holme Dunes & Peddars Way Ringstead Green Bank Cliff	Postcode OS REF TEL	N/K TF 707 420 07783 153429
Sunday 17 <sup>th</sup> May 1000hrs	13 MEET LED BY	Coast & Round-about Snettisham Church Lynda	Postcode OS REF TEL	PE31 7NJ TF 690 342 01553 674944
Tuesday 19 <sup>th</sup> May 1000hrs	BRISK 6 MEET LED BY	Brancaster & Barrow Common Brancaster Church Jcn B1153/A149 Jane	Postcode OS REF TEL	PE31 8AW TF 772 439 01553 631600
Thursday 21 <sup>st</sup> May 1000hrs	6 MEET LED BY	Castle Acre & Newton Castle Acre - Castle CP Ray	Postcode OS REF TEL	PE32 2AH TF 819 152 07788 187513
Saturday 23 <sup>rd</sup> May 1100hrs	4.5 MEET LED BY	Bluebell Walk NW corner of ASDA CP, Grimston Rd. Jon H	Postcode OS REF TEL	PE30 3UG TF 652 224 01553 673251
Sunday 24 <sup>th</sup> May 1000hrs	10 MEET LED BY	Fen, Wood, Common, The Delft, Ruin & Lake Leziate VH CP Sue & Mike	Postcode OS REF TEL	PE32 1EN TF680 191 01553 679277
Tuesday 26 <sup>th</sup> May 1000hrs	BRISK 5.5 MEET LED BY	Sheringham Park NT Car Park Mick	Postcode OS REF TEL	NR26 8TL TG 139 412 01328 830886
<i>CP charge for non-NT members</i>				
Wednesday 27 <sup>th</sup> May 1000hrs	3.15 MEET LED BY	Ashwick Ashwick Church Gail	Postcode OS REF TEL	PE32 1LN TF 698 188 07796 603062
Thursday 28 <sup>th</sup> May 1000hrs	6 MEET LED BY	Shouldham Warren & Marham Shouldham Warren CP Hugh & Jane	Postcode OS REF TEL	PE33 0DG TF 680 104 07842 275847

**NB: This weekend's walks have swapped days**

Saturday 30 <sup>th</sup> May 0900hrs	14.5/16.5 MEET LED BY	The Peter Scott Walk** Kings Lynn Bus Station Myra	Postcode OS REF TEL	PE30 5DQ N/A 07875 632732
Sunday 31 <sup>st</sup> May 1000hrs	6.5 MEET LED BY	Tittleshall St Mary's Church CP Myra	Postcode OS REF TEL	PE32 2PN 767 095 07875 632732

\*\* Linear walk. Travel by bus to Sutton Bridge. Bus fare or bus pass required. 14.5m option includes ferry crossing - fare £1 (see Ramblings)

Tuesday  
2<sup>nd</sup> Jun  
**No Walk Offered at time of going to press.  
Please check website [www.kingslynnramblers.org](http://www.kingslynnramblers.org)  
for updates.**

## MUNDFORD WALKS

Mondays at 10:00 hrs

For more information contact:

Keith and Linda Thomas on 01760 756455 or

email [oldcoachhouse7@sky.com](mailto:oldcoachhouse7@sky.com)

DATE	TOWN & START POINT	POSTCODE	WALK	MILES
APR				
Mon 6th	MUNDFORD Cricket Club	IP26 5ED	Lynford Hall Medley	4.5
Mon 13th	EASTER MONDAY		NO WALK	
Mon 20th	MUNDFORD Cricket Club	IP26 5ED	Lynford Arboretum and Lakes	4
Mon 27th	MUNDFORD Cricket Club	IP26 5ED	Colin's Walk with Lynford Lake Extension	3.4
MAY				
Mon 4th	MUNDFORD Cricket Club	IP26 5ED	Wartime Plane Crash Site	3.1
Mon 11th	BRANDON Country Park	IP27 0SU	Brandon Country Park, Blue Route	4.4
Mon 18th	MUNDFORD Cricket Club	IP26 5ED	Quarry Site Walk	4.7
Mon 25th	LATE MAY BANK HOLIDAY		NO WALK	
JUN				
Mon 1st	HIGH LODGE	IP27 0AF	High Lodge Yellow Route	3.5
Mon 8th	MUNDFORD Cricket Club	IP26 5ED	Lynford Hall and Lakes	4.5
Mon 15th	BRANDON Country Park	IP27 0SU	Brandon Country Park, Purple Route	3.4
Mon 22nd	MUNDFORD Cricket Club	IP26 5ED	Lynford Arboretum and Lakes	4
Mon 29th	MUNDFORD Cricket Club	IP26 5ED	Colin's Walk with Lynford Lake Extension	3.4
JUL				
Mon 6th	MUNDFORD Cricket Club	IP26 5ED	Wartime Plane Crash Site	3.1
Mon 13th	MUNDFORD Cricket Club	IP26 5ED	Lynford Hall Medley	4.5
Mon 20th	MUNDFORD Cricket Club	IP26 5ED	Quarry Site Walk	4.7
Mon 27th	HIGH LODGE	IP27 0AF	High Lodge TBA	3 or 5

**ATTLEBOROUGH WALKS Mondays 10:30 am**

For more information contact:

John Parker on 01953 425918 or email [crookitbawbee@gmail.com](mailto:crookitbawbee@gmail.com)or Brenda Clabburn on 01953 456909 or email [bclabburn@yahoo.com](mailto:bclabburn@yahoo.com)

APRIL	TOWN & START POINT	POST CODE	WALK	MILES
Mon 6th	SPOONER ROW. Primary School, Station Road, Spooner Row	NR18 9JR	Guiler's Walk	3.75
Mon 13th	GREAT HOCKHAM. Hockham Picnic Site on A1075, Great Hockham	IP24 1FJ	Hockham Picnic Site	3.85
Mon 20th	ROCKLAND ALL SAINTS. Playing Field, Green Lane, Rockland All Saints	NR17 1UA	Over Rook Grove	4.70
Mon 27th	SHADWELL. Forest Retreat Reception Centre park on the Distribution and Maintenance Car Park, Shadwell	IP24 2RX	Thorpe Forest Walk	4.10
<b>MAY</b>				
Mon 4th	GARBOLDISHAM. The Fox Inn, The Street, Garboldisham	IP22 2QG	Extended Village Walk	4.15
Mon 11th	FUNDENHALL. St. Nicholas' Church, Church Lane, Fundenhall	NR16 1AH	Ketts Country Walk	4.25
Mon 18th	BANHAM. Near Entrance to St. Mary the Virgin Church, The Village Green, Banham	NR16 2HN	Banham	3.75
Mon 25th	NEW BUCKENHAM. Village Hall, Moat Lane, New Buckenham	NR16 2AU	New Buckenham Circuit	1.75 or 3.60
<b>JUNE</b>				
Mon 1st	WINFARTHING. St. Mary's Church, Winfarthing	IP22 2ED	Winfarthing Country Walk	4.10
Mon 8th	CARLETON RODE. Jubilee Hall, Mill Road, Carleton Rode	NR16 1NQ	Carleton Rode/Bunwell Circular Take 2	4.60
Mon 15th	OLD BUCKENHAM. Old Buckenham Church, The Green, Old Buckenham	NR17 1RP	New Buckenham Castle Walk Revised Route	4.85
Mon 22nd	KENNINGHALL. Park in Powell Close leading from School Close, Kenninghall	NR16 2EJ	Countryside & Millennium Walk	3.75
Mon 29th	MULBARTON. Village Hall Car Park, The Common, Mulbarton	NR14 8AE	Mulbarton via Swardeston	3.95
<b>JULY</b>				
Mon 6th	OLD BUCKENHAM. Old Buckenham Country Park, Doe Lane, Old Buckenham	NR17 1PP	Stacksford Walk	4.70
Mon 13th	GREAT ELLINGHAM. The Crown Public House, 30 Church Street, Great Ellingham	NR17 1LE	Wayland Walk	3.55
Mon 20th	ATTLEBOROUGH. White Lodge, London Road, Attleborough	NR17 1AY	Hargham Woods Alternative	4.50
Mon 27th	EAST WRETHAM. East Wretham Nature Reserve Car Park on A1075, East Wretham	IP24 1RU	East Wretham Nature Reserve Alternative	3.80

**KING'S LYNN & DISTRICT GROUP APRIL 2020 TO JULY 2020**Thursday  
4<sup>th</sup> Jun

No Walk Offered at time of going to press.

Please check website [www.kingslynnramblers.org](http://www.kingslynnramblers.org) for updates.Saturday  
6<sup>th</sup> Jun  
1000hrsMEET  
LED BY  
James6 Royal Estate - By Permission  
Appleton Fruit Store  
By permission - sorry no dogsPostcode PE31 6BY  
OS REF TF 713 266  
TEL 01485 542848Sunday  
7<sup>th</sup> Jun  
0930hrsMEET  
LED BY  
Bill F14 Syderstone Stroll  
Sydersdstone Church Please park away from the Church!  
Bill FPostcode PE31 8SD  
OS REF TF 833 327  
TEL 07803 374698Tuesday  
9<sup>th</sup> Jun  
1000hrsBRISK  
MEET  
LED BY  
Gerald7 Intensely Barton Bendish  
St Andrew's Ch, Church Rd, Barton BendishPostcode PE33 9GF  
OS REF TF 713 057  
TEL 07831 586940**TWO WALKS TODAY:-**Wednesday  
10<sup>th</sup> Jun  
1000hrsMEET  
LED BY  
Derek R9.6 Congham Heath Old Belt & Well Hall  
Layby in Broad Drove, GrimstonPostcode N/K  
OS REF TF730 216  
TEL 01366 385772Wednesday  
10<sup>th</sup> Jun  
1400hrsMEET  
LED BY  
Keith3.5 Ingoldisthorpe & Snettisham  
Ingoldisthorpe Lay-by on B1440 south of villagePostcode PE31 6NY  
OS REF TF683 324  
TEL 07858 565700Thursday  
11<sup>th</sup> Jun  
1000hrsMEET  
LED BY  
John and Hazel4.25 Stoke Ferry/Wretton  
End of School Lane, Stoke FerryPostcode PE339QL  
OS REF TF 696 990  
TEL 01366 385772Saturday  
13<sup>th</sup> Jun  
1000hrsMEET  
LED BY  
Ray5.5 Rudham Grange  
East Rudham GreenPostcode PE31 8RD  
OS REF TF 829 283  
TEL 07788 187513Sunday  
14<sup>th</sup> Jun  
1000hrsMEET  
LED BY  
Paul O15 Syderstone & East Rudham  
Syderstone ChurchPostcode PE31 8SD  
OS REF TF 833 327  
TEL 01485 578218Tuesday  
16<sup>th</sup> Jun  
1000hrsBRISK  
MEET  
LED BY  
Cliff7.2 Peddars Way & Grimston Heath  
Harpley Dams behind DogotelPostcode PE31 6DS  
OS REF TF 771 253  
TEL 07783 153429Thursday  
18<sup>th</sup> Jun

No Walk Offered at time of going to press.

Please check website [www.kingslynnramblers.org](http://www.kingslynnramblers.org) for updates.Saturday  
20<sup>th</sup> Jun  
1000hrsMEET  
LED BY  
Penny & John6 Westacre Estate - By Permission  
Abbey Farm, East Walton  
By permission - sorry no dogsPostcode PE32 1PP  
OS REF TF 744 185  
TEL 01553 671533Sunday  
21<sup>st</sup> Jun  
1000hrsMEET  
LED BY  
Gerald14 Circumnavigate Roydon - Grimston  
Hudson Fen CP, Chapel Rd, Pott RowPostcode PE32 1BP  
OS REF TF 702 227  
TEL 07831 58694Tuesday  
23<sup>rd</sup> Jun  
1000hrsBRISK  
MEET  
LED BY  
Peter5.5 Kelling Heath - Muckleburgh Hill  
Holt Gdn Centre, Holgate HillPostcode NR25 7ER  
OS REF TG 093 412  
TEL 07476 740388Wednesday  
24<sup>th</sup> Jun  
1400hrs  
SHORT & LEISURELYMEET  
LED BY  
Keith3.2 Around Fring  
Fring ChurchPostcode PE31 6SE  
OS REF TF 735 348  
TEL 01485 542268



## KING'S LYNN &amp; DISTRICT GROUP APRIL 2020 TO JULY 2020

Thursday 25 <sup>th</sup> Jun 1000hrs	5.25	Houghton - By Permission	Postcode	PE31 6UD
	MEET	Bunkers Hill CP opp West Lodge	OS REF	TF 776 289
	LED BY	James	TEL	01485 542848
		By permission – sorry no dogs		
Saturday 27 <sup>th</sup> Jun 1000hrs	6.5	Great Bircham	Postcode	PE31 6RJ
	MEET	Bircham Stores and Deli – meet on green outside cafe	OS REF	
	LED BY	Sue M	TEL	07964 065017
Sunday 28 <sup>th</sup> Jun 0930hrs	14	Peddars Way & Beyond.	Postcode	PE32 2XB
	MEET	Castle CP, Castle Acre	OS REF	820 152
	LED BY	Nigel	TEL	01553 676783
Tuesday 30 <sup>th</sup> Jun 1000hrs	BRISK	7	Postcode	PE32 1BP
	MEET	Roydon Common	OS REF	TF 702 227
	LED BY	Hudson Fen CP, Chapel Rd, Pott Row	TEL	01485 600153
		Helen		
Wednesday 1 <sup>st</sup> Jul 1800hrs	5.5	Grimston & Gayton	Postcode	N/K
	Evening	Layby in Broad Drove, Grimston	OS REF	TF730 216
	Walk	Sue & Mike	TEL	01553 679277
Thursday 2 <sup>nd</sup> Jul		No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.		
Saturday 4 <sup>th</sup> Jul		No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.		
Sunday 5 <sup>th</sup> Jul 1000hrs	13	Hillington Hike	Postcode	PE31 6BJ
	MEET	Layby off A148 just west of Hillington	OS REF	TF 711 253
	LED BY	Lynda	TEL	01553 674944
Monday 6 <sup>th</sup> Jul 1000hrs	10	Holkham & The Burnhams	Postcode	NR23 1RJ
	MEET	Holkham Village CP	OS REF	TF 891 436
	LED BY	Paul O	TEL	01485 578218
Tuesday 7 <sup>th</sup> Jul 1000hrs	BRISK	6.5	Postcode	PE36 6LX
	MEET	Thornham	OS REF	TF 731 433
	LED BY	Car Park by Thornham Deli	TEL	01553 765860
		Valerie		
Wednesday 8 <sup>th</sup> Jul 1000hrs	3.5	West Dereham	Postcode	PE33 9RF
	SHORT & LEISURELY	MEET West Dereham VH CP	OS REF	TF 662 016
	LED BY	Hazel & John	TEL	01366 385772
		CP fee (see start of programme)		
Thursday 9 <sup>th</sup> Jul 1000hrs	5	Royal Estate, Sandringham - By Permission	Postcode	PE31 6BY
	MEET	Appleton Fruit Store	OS REF	TF 713 266
	LED BY	James	TEL	01485 542848
		By permission – sorry no dogs		
Saturday 11 <sup>th</sup> Jul		No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.		
Sunday 12 <sup>th</sup> Jul 1000hrs	10	Royal Estate, Sandringham - By Permission	Postcode	PE31 6BY
	MEET	Appleton Fruit Store	OS REF	TF 713 266
	LED BY	James	TEL	01485 542848
		By permission – sorry no dogs		

## THETFORD WALKS Continued

Tuesday and Fridays at 10:00hrs

For more information contact:

Wendy Clegg on 01953 451127 or email [debbielouiseseymour@gmail.com](mailto:debbielouiseseymour@gmail.com)

DATE	TOWN & START POINT	Postcode/ OS Grid Ref	WALK	MILES
<b>MAY</b>				
Fri 1st	STANTON/Wyken Hall, Stanton, Bury St. Edmunds (Park in Overflow Car Park)	IP31 2DW TL963 718	Stanton/Wyken Hall	4.2
Tue 5th	THORPE Forest Park, Shadwell Forest Retreat, Thetford	IP24 2RX TL946 840	Thorpe Forest Park	3.75
Fri 8th	EARLY MAY BANK HOLIDAY (VE DAY) - WALK TBA		EARLY MAY BANK HOLIDAY (VE DAY) - WALK TBA	TBA
Tue 12th	THETFORD Rishbeth Wood/Warren Lodge (Thetford B1107 - just after golf course)	IP27 0AF TL841 841	Rishbeth Wood/Warren Lodge	4.2
Fri 15th	HOPTON Village Hall, Hopton, Diss	IP22 2QY TL994 789	Hopton Fen	4.3
Tue 19th	HIGH LODGE, Thetford Forest, Brandon	IP27 0AF TL811 851	High Lodge/Yellow Route or NEW ROUTE 3 or 5 miles	3 or 5
Fri 22nd	TUDDENHAM Nurseries, 3 High Street, Tuddenham	IP28 6SQ TL733 718	Cavenham Heath - NEW WALK	4.75
Tue 26th	GREAT HOCKHAM Picnic Site, (A1075) Thetford	IP24 1PA TL937 919	Great Hockham Picnic Site	3.75
Fri 29th	WEST STOW Forest Lodge Car Park (FR205), Icklingham Road, West Stow, Suffolk	IP28 6EY TL814 714	West Stow	4.5
<b>JUN</b>				
Tue 2nd	THELNETHAM, Diss, IP22 1JT (Meet in the Field Opposite the Windmill)	IP22 1JT TM011 790	Thelnetham Fen	4
Fri 5th	SANTON DOWNHAM Forestry Commission Offices Car Park, Santon Downham, Brandon	IP27 0TQ TL815 877	Santon Downham	4
Tue 9th	THETFORD Riverside Kiosk, School Lane, Thetford	IP24 2AG TL870 829	BTO Nunnery Lakes & Extension	3.5
Fri 12th	IXWORTH Village Hall, High Street, Ixworth	IP31 2HH TL932 703	Ixworth Village Country Walk	4.6
Tue 16th	THORPE Forest Park, Shadwell Forest Retreat, Thetford	IP24 2RX TL946 840	Thorpe Forest Park	3.75
Fri 19th	GARBOLDISHAM Meet at the rear of The Fox Public House Car Park, Garboldisham	IP22 2RZ TM006 815	Garboldisham 3.6 or 5 miles	3.6 or 5
Tue 23rd	HIGH LODGE, Thetford Forest, Brandon	IP27 0AF TL811 851	High Lodge/Yellow Route or NEW ROUTE 3 or 5 miles	3 or 5
Fri 26th	KENNINGHALL, Powell Close, Kenninghall, (Leading from School Close)	NR16 2DZ TM037 858	Kenninghall Countryside & Millennium Wood	3.75
Tue 30th	THETFORD Riverside Kiosk, School Lane, Thetford	IP24 2AG TL870 829	Kingfisher Lakes	4
<b>JUL</b>				
Fri 3rd	REDGRAVE & Lopham Fen Visitor Centre, Low Common Road, South Lopham	IP22 2HX TM052 802	Redgrave & Lopham Fen	4
Tue 7th	STANTON Community Village Hall, Old Bury Road, Stanton	IP31 2BX TL963 735	Stanton/Community Village Hall	4
Fri 10th	THETFORD Sainsburys Car Park, London Road, Thetford	IP24 3QL TL852 819	St Edmunds/Hereward Way	3
Tue 14th	BRANDON Country Park, Bury Road, Brandon	IP27 0SU TL785 852	Brandon Country Park/Purple Route	3.5
Fri 17th	THELNETHAM, Diss, IP22 1JT (Meet in the Field Opposite the Windmill)	IP22 1JT TM011 790	Thelnetham Fen	4
Tue 21st	LYNFORD STAG A134 Thetford/Mundford Road	IP26 5ET TL815 916	Lynford Stag & Lakes	4.25
Fri 24th	THETFORD Riverside Kiosk, School Lane, Thetford	IP24 2AG TL870 829	Barnham Common	4
Tue 28th	KNETTISHALL Heath Country Park (West Car Park), Knettishall Road, Riddlesworth	IP22 2TE TL952 806	Knettishall Heath Country Park	3.5
Fri 31st	THETFORD Riverside Kiosk, School Lane, Thetford	IP24 2AG TL870 829	BTO Nunnery Lakes & Extension	3.5



## BRECKLAND SHORT BRISK WALKS

Our walks in Breckland are short but brisk. We encourage walkers to walk at their own pace with a front and back marker. We do not stop during the walk, but there is usually a welcome stop for coffee or tea at the end of the walk. There is no need to book – just ensure you have your membership card with you and arrive in good time to hear the pre-walk introduction. You are welcome to come for a taster walk first to see you like it! A good pair of walking shoes and adequate outdoor clothing is all that is needed as on occasions it can be wet and muddy. Postcodes shown on the schedule are as near as we can get them. Grid references have been provided in some cases. In very wet weather we might have to change the normal routes for safety reasons. However, the meeting places will be the same. Walks may have to be cancelled in very bad weather...please phone or email on the morning if in doubt. Please note that the length of the walks are approximate and diversions from the planned route may be necessary.

## THETFORD WALKS

Tuesday and Fridays at 10:00hrs

For more information contact:

Wendy Clegg on 01953 451127 or email [debbielouiseseymour@gmail.com](mailto:debbielouiseseymour@gmail.com)



DATE	TOWN & START POINT	Postcode/ OS Grid Ref	WALK	MILES
<b>APR</b>				
Fri 3rd	BRANDON Country Park, Bury Road, Brandon	IP27 0SU TL785 852	Brandon Country Park/Purple Route	3.5
Tue 7th	THETFORD Riverside Kiosk, School Lane, Thetford	IP24 2AG TL870 829	BTO Nunnery Lakes & Extension	3.5
Fri 10th	MERTON Village Hall, Merton (Nearest Postcode IP25 6QX)	IP25 6QX TL908 989	Merton Peddars Way	4
Tue 14th	SANTON DOWNHAM/Saint Helen's Picnic Site, Santon Downham, Brandon	IP27 0TJ TL826 873	Little Ouse Path	4
Fri 17th	GARBOLDISHAM Meet at the rear of The Fox Public House Car Park, Garboldisham	IP22 2RZ TM006 815	Garboldisham 3.6 or 5 miles	3.6 or 5
Tue 21st	EAST WRETHAM HEATH Nature Reserve Car Park, Thetford, Norfolk A1075	IP24 1RU TL913 887	East Wretham Nature Reserve	4.25
Fri 24th	KNETTISHALL Heath Country Park (West Car Park), Knettishall Road, Riddlesworth	IP22 2TE TL952 806	Knettishall Heath Country Park	3.5
Tue 28th	THETFORD Riverside Kiosk, School Lane, Thetford	IP24 2AG TL870 829	Barnham Common	4

## KING'S LYNN &amp; DISTRICT GROUP APRIL 2020 TO JULY 2020


Tuesday 14 <sup>th</sup> Jul 1000hrs	BRISK	7	Five Woods at Houghton Harpley Dams behind Dogotei Gerald	Postcode OS REF TEL	PE31 6DS TF 771 254 07831 586940
Wednesday 15 <sup>th</sup> Jul 1800hrs	Evening Walk	4.5	Pott Luck Hudson Fen CP, Chapel Rd, Pott Row Sue & Mike	Postcode OS REF TEL	PE32 1BP TF 702 227 01553 679277
Thursday 16 <sup>th</sup> Jul 1000hrs		5	Reffley Wood & Wild Flowers NW corner of ASDA CP, Grimston Rd. Jon	Postcode OS REF TEL	PE30 3UG TF 651 224 01553 673251
Saturday 18 <sup>th</sup> Jul 1000hrs		6	Reffley Wood & Wild Flowers NW corner of ASDA CP, Grimston Rd. Jon H	Postcode OS REF TEL	PE30 3UG TF 651 224 01553 673251
Sunday 19 <sup>th</sup> Jul 1000hrs		12	Wash Coastline & Villages Dersingham, St Nicholas Court CP (off Church Lane) Cliff	Postcode OS REF TEL	PE31 6GZ* TF 693 303 07803 374698
Tuesday 21 <sup>st</sup> Jul 1000hrs	BRISK	6	Castle Acre Ostrich Inn CP Valerie	Postcode OS REF TEL	PE32 2AE TF 814 150 01553 765860
Wednesday 22 <sup>nd</sup> Jul 1800hrs	Evening Walk	4.25	Wootton Woods Lynn Road, opp KL Golf Club Maureen & Roy	Postcode OS REF TEL	PE31 6AA TF 652 237 01553 675833
Thursday 23 <sup>rd</sup> Jul 1000hrs		5	Bancaster & Beach Brancaster Church Jcn B1153/A149 Caroline	Postcode OS REF TEL	PE31 8AW TF 772 439 01485 512420
Saturday 25 <sup>th</sup> Jul 1000hrs		5.5	Courtyard Farm Ringstead Common CP off Burnham Road Caroline	Postcode OS REF TEL	PE36 5LB* TF 722 405 01485 512420
Sunday 26 <sup>th</sup> Jul 1000hrs		12.8	The Rudhams & Roundabout NWT car park @ junc. Mill Lane/Tattersett Road Les	Postcode OS REF TEL	N/K TF 835 315 01263 862705
Tuesday 28 <sup>th</sup> Jul 1000hrs	BRISK	5	The Birchams Gt.Bircham Social Club CP Pam	Postcode OS REF TEL	PE31 6XS TF 768 325 077595 49273
Wednesday 29 <sup>th</sup> Jul 1800hrs	Evening Walk	5	Roydon Common Roydon Common CP Maureen & Roy	Postcode OS REF TEL	N/K 679 227 01553 675833
Thursday 30 <sup>th</sup> Jul			No Walk Offered at time of going to press. Please check website <a href="http://www.kingslynnramblers.org">www.kingslynnramblers.org</a> for updates.		

76 Walks

## Norwich Group

**Secretary:** Peter James, e mail: [pdjames.ramb@ntlworld.com](mailto:pdjames.ramb@ntlworld.com) or  07905565740

**Sunday Walks Co-ordinator:** Gerald Brooker,  01603 501599  07980 181911

**Wednesday Walks Co-ordinator:** Steve Bensley  01692 678326

Grid References are shown with the Explorer Map No followed by the Grid Reference

**We will be offering some evening walks during the summer, see the Norwich group website, Norwich Ramblers Facebook group and Norfolk Ramblers Meetup group for further details and latest information.**

**In the event of inclement weather contact the walk leader for the latest information**

**Forth coming events in this programme and later in the year below for your diary.**








**May 2020 An open invitation from Jim Turner to walk in the Lake District, contact Jim for further details [jpjimturner@gmail.com](mailto:jpjimturner@gmail.com)**

**June 20<sup>th</sup> to June 27<sup>th</sup>, 2020. Our annual Lake District walking week. Based in Keswick**

**September 19<sup>th</sup> to September 26<sup>th</sup>, 2020. A week of walking in the area of the North Yorkshire Dales and Teesdale. Based in Barnard Castle.**

**Friday October 16<sup>th</sup> to Monday October 19<sup>th</sup>, 2020. Peak District Walking Weekend. Using Buxton or Castleton as a base, wherever you can find accommodation to suite you**

**The Norwich Group members can now join the Facebook Norwich Group for sharing news, social events etc. Please ask Marita for information or just request to join by searching on Facebook for "Norwich Ramblers". Our walks are also on the Norfolk Ramblers Meetup group.**

Date	Details	Start	Miles	Leaders	
Wednesday 1st Apr 10:00	<b>SHORTER WALK</b> Coltishall Meet and Park in Anchor Street, Coltishall.	E: 40, L: 133 TG27942 19698	 5.5	Richard S 07940 231479 01603 945160	
Saturday 4th Apr 10:30	<b>Corpusty</b> Corpusty and Saxthorpe Village Hall NR11 6PN	E: 238, L: 133 TG11190 30042	 8	Richard S 07940 231479 01603 945160	
Sunday 5th Apr 10:00	<b>Brundall</b> Memorial Hall	E: OL40 TG 3249 0866	 11	Richard W 07936697038	
Wednesday 8th Apr 10:00	<b>Holt</b> Park & meet at Mackey's Hill free car park, Hempstead Road.	E: 251, L: 133 TG 0883 3820	 10.5	Jeanne & Pat 01603 897141 07766 394763	

## Legstretchers

Legstretchers is the long distance walking group of Norfolk Ramblers and we have a list of our walks on <http://www.legstretchers.org.uk/> and they are also published at <http://www.meetup.com/Norfolk-Area-Ramblers/>.

Please note that a new Legstretchers Meetup group will be launched in mid-March 2020, please contact Julian on [jw@julianwhite.uk](mailto:jw@julianwhite.uk) if you need assistance with this.

The second annual Legstretchers holiday will be taking place on the second weekend of May 2020, which is to the three Welsh peaks. This event is currently full, but contact Maria to see if any spaces open up.

Our outline programme of walks is as follows:

April 2020 – Maria is leading this from Aldborough

May 2020 – Cas is leading this

June 2020 – Jeremy is leading this

July 2020 – Jane is leading this

## Hike Norfolk

Join Hike Norfolk for exciting New Year of our interesting walks, trips away or one of many social events: monthly meals, cycling and canoeing! As always we aim to plan a variety of different walks from short and beginner friendly 4-6 milers to longer 12 mile walks for those with fit legs. Join us and see how fun we can be!

Our growing group is constantly welcoming to new members and we are also happy to welcome Ramblers from other groups on our walks. Most of our walks are dog friendly and we love to see our four legged friends on a walk with us. As always we aim to be welcoming, friendly and inclusive and our walk leaders are doing excellent job at that with new walkers joining our group more often than ever.

Social events organised by our amazing social secretary Steve B. and trips away remain as popular as always attracting new members. We have already planned few trips including weekends away in Lincoln, Seven Sisters, Hull, Peak District (organised by Julian W.) and a week in Polish mountains. We also organise outings to see live bands together with plans to attend upcoming performers such as Paul Weller on 2<sup>nd</sup> May and The Stranglers on 26th October. Few of us also plan to attend mud run – Whole Hog races obstacle course near to Woodbridge in Suffolk on 11<sup>th</sup> October.

Our walks programme is constantly growing and evolving. Be sure to check links below regularly as we add new walks every week on our [Meetup.com](https://www.meetup.com/hikenorfolk/) page and Ramblers website:

Check upcoming walks and events here:

<https://www.meetup.com/hikenorfolk/events/>

Here is a link to a handy calendar of our events. Nights out and monthly meals are filling up very quickly!






<https://www.meetup.com/hikenorfolk/events/calendar/>

You can find all the news and pictures from walks on our Facebook page:

<https://www.facebook.com/groups/hikenorfolk/>

Questions, ideas or suggestions always welcome! We are always keen on hearing from our members: [baniaka@gmail.com](mailto:baniaka@gmail.com)

Date	Details	Start	Miles	Leaders	
Sunday 12th Apr 10:00	<b>Long Stratton</b> Park and meet at car park next to toilets. NR15 2XJ	E: 237 TM 1968 9271	11.5	Alison H 07964958045	
Wednesday 15th Apr 10:00	<b>SHORTER WALK Salhouse</b> Salhouse broad free car park, Salhouse road, toilets available. NR13 6RX	E: OL40, L: 133 TG3193 1501	5.5	Steve & Janet 01692 678326 07500 161634	
Saturday 18th Apr 10:30	<b>Wreningham</b> Wreningham Church carpark £1 car NR16 1BH	E: 237, L: 134 TM16318 98809	7.5	Peter J 07905 565740	
Sunday 19th Apr 10:00	<b>Limpenhoe</b> Park and meet at Limpenhoe Village Hall. £1 per car donation to village hall funds. NR13 3JB	E: OL40, L: 134 TG39600398	12.5	Phil H 07952164472	
Wednesday 22nd Apr 10:00	<b>Briggate</b> Weavers Way Car Park, Briggate NR28 9QX	E: OL40, L: 133 TG3170 2760	11	Steve & Janet 01692 678326 07500 161634	
Sunday 26th Apr 10:00	<b>Acle~ South Walsham Broad~ River Bure</b> Acle Library car park NR13 3RA	E: OL40, L: 133 TG 40138 10785	12.5	Sean G 07947 604057	
Saturday 2nd May 10:30	<b>Garvestone</b> Garvestone and Thuxton Village Hall NR9 4AD	E: 237, L: 144 TG 02252 07428	8	Richard S 07940 231479 01603 495160	
Sunday 3rd May 10:00	<b>North Cove</b> Park along the Old Lowestoft Road in North Cove, (parallel to A146), meet by St Botolph's Church. Walking in the marshes and by the river Waveney via Carlton Colville. Option of a drink at The Three Horseshoes at the end of the walk. NR34 7PH	E: 134, L: OL40 TM4614 8933	12.5	Marita B 07818818701	
Wednesday 6th May 10:00	<b>SHORTER WALK Mulbarton</b> Meet and park at Mulbarton Common	E: 237, L: 134 TG 19516 00879	5.8	Gerald B 07980181911	

Date	Details	Start	Miles	Leaders	
Sunday 10th May 10:00	<b>Itteringham</b> Beautiful walk taking in a couple of bluebell woods. NR11 7AX	E: 251, L: 133 TG 14498 30905	12	Phil H 07952 164472	
Wednesday 13th May 10:00	<b>HINDRINGHAM</b> Park and Meet at HINDRINGHAM VILLAGE HALL £1per car for village hall funds	E: 251 TF 9837 3616	10.5	Stephen B 01603 483956 07502 085715	
Sunday 17th May 10:00	<b>Cley</b> Park & meet at Cley Village Hall free car park, Church Lane	E: 251, L: 133 TG 04751 43712	11	Jeanne & Pat 01603 897141 07766 394763	
Wednesday 20th May 10:00	<b>SHORTER WALK HOLT</b> Meet and Park at Mackeys Hill Hempstead Road A great Spring Walk in Holt Country Park and Hempstead NR25 6ES	E: 251, L: 133 TG 0883 3820	5.2	Stephen B 01603 483956 07502 085715	
Sunday 24th May 10:00	<b>Potter Heigham</b> Potter Heigham village hall, school road. (10.5 option available). Donation to village hall funds please. NR29 5LW	E: OL40, L: 133 TG41272 19617	15	Steve & Janet 01692 678326 07500 161634	
Wednesday 27th May 10:00	<b>Bunwell</b> Park and meet outside Bunwell St. Michael and All Angels Church. If school parking restricts roadside parking, there is additional parking on Church Lane or Bunwell Village Hall on B1113 NR16 1AB	E: 237, L: 156 TM 12742 92771	10	Nigel W 07876 593665	
Sunday 31st May 10:00	<b>Shotesham</b> Meet by war memorial cross by side of All Saints church, Shotesham. Please DO NOT PARK in church car park as service will be held. Park along The Street & Brooke Road. Please CAR SHARE to cut down on number of vehicles NR15 1YB	E: 237, L: 134 TM 2464 9905	11.5	Maria H 07968226750	

Sunday July 5	Wymondham. Park in town car parks & meet at Market Cross NR18 0AX	237 TG110014	5.5	John P 01953 425918 07443 571778
Thursday July 9	Hethel Bridge NR14 8ET <i>via Toprow</i> (Park on old cut off road between Wymondham Rd. & Cranes Rd.)	237 TM173993	5.5	Sheila 01953 860156
Sunday July 12	Hardingham Church, park on Church Road NR9 4EW	237 TG036050	7	Pauline & Peter 01953 857849 07796 430364

**Group walks on the Ramblers website.**

To find the programme online look up [www.ramblers.org.uk/southern-norfolk](http://www.ramblers.org.uk/southern-norfolk) or type in **Southern Norfolk Ramblers** on Google. To get the map and other details click on the walk's title in the blue area in the bottom right hand section of the screen.



## SOUTHERN NORFOLK GROUP

April – July 2020

**Secretary:** Margaret Wilde Tel 01953 788268 Email jamwilde@hotmail.com  
**Walks Sec.** John Parker Tel 01953 425918 Email crookitbawbee@gmail.com

In the event of extreme weather, please contact the Walk Leader.





**Packed lunch stops** are normally only made for walks over 6-7 miles, but please always carry a drink and snack.

**Dogs** are welcome, especially on Thursday walks, unless otherwise stated. They are the sole responsibility of their owners.

Date & Time if not 10am	Venue	Grid ref	Miles	Leader & Tel.no
Wednesday April 1	Eye – Cross Street car park to left of Queen's Head PH IP23 7AB	230 TM144738	10	Steve 01379 676602 07762 159279
Sunday April 5	Mulbarton Sports & Social car park, The Common NR14 8AE via Swardeston	237 TG195008	5	John P 01953 425918 07443 571778
Thursday April 9	Fornsett St. Peter Church NR16 1HX via Great Moulton	237 TM165928	6	Sheila 01953 860156
Sunday April 12	Shelton - Low Road, park at side of former primary school NR15 2SD	237 TM222912	10	Steve 01379 676602 07762 159279

**Joint walk with Mid Norfolk Group**

Sunday April 19	Lynford Stag Car Park IP26 5ET	229 TL814916	10	Paul 01842 878702 07969 007685
Wednesday May 6	Gissing - village centre car park behind church IP22 5UJ <b>£1 for car park</b>	230 TM146853	10	Steve 01379 676602 07762 159279
Thursday May 14	Hingham park opposite school in Hardingham St. NR9 4JB	237 TG024023	6	Sheila 01953 860156
Thursday June 11	Hapton St. Margaret's Church meet in Holly Lane NR15 1SE	237 TM176966	5	Sheila 01953 860156
Sunday June 14	Harleston. Bullock Fair Close IP20 9AT free car park & toilets	230 TM245835	10	Steve 01379 676602 07762 159279

Date	Details	Start	Miles	Leaders	
Wednesday 3rd Jun 10:00	<b>SHORTER WALK MULBARTON</b> Meet and park at Mulbarton common carpark (Different walk to the May walk) NR14 8AE	E: 237, L: 134 TG19546 00856	5.5	Peter J 07905 565740	
Saturday 6th Jun 10:30	<b>ITTERINGHAM</b> Park and meet at the Village hall £1 per car for hall funds please park to the back of the hall	E: 252, L: 133 TG 1446 3089	8	Stephen B 01603 483956 07502 085715	
Sunday 7th Jun 10:00	<b>Long Stratton</b> Leisure centre, Swan Lane. Walk via Stratton St Michael Tasburgh and Hapton	E: 237, L: 144 TM1928 9310	11.5	Richard W 07936697038	
Wednesday 10th Jun 10:00	<b>West Runton</b> Roman Camp, National Trust Car Park off Sandy Lane. Free to NT members, 50p others. NR27 9NE	E: 0L252, L: 133 TG1837 4139	11	Steve & Janet 01692 678326 07500 161634	
Sunday 14th Jun 10:00	<b>Holt</b> Park and meet at Mackey's Hill carpark on the Hempstead road. NR25 6ER	E: 251, L: 133 TG 08864 38264	12	Phil H 07952 164472	
Wednesday 17th Jun 10:00	<b>SHORTER WALK Worstead</b> Park and meet at Queen Elizabeth Hall and playing field car park Worstead NR28 9WH	E: 0L40, L: 133 TG 30124 26008	5.8	Nigel W 07876 593665	
Saturday 20th Jun 10:30	<b>Bacton Woods</b> Start and meet at Bacton Woods free car park. Nearest postcode NR28 9UE NR28 9UE	E: 251 TG31705 31096	8	Ann F 01603 439544 07850 154179	
Sunday 21st Jun 09:30	<b>Lakes Walking Week</b> We hope to offer 2 walks each day. Meet at the Central car park for latest information and to car share to the start of the walks.	L: 90 NY 26573 23369		Gerald B 07980181911	

Date	Details	Start	Miles	Leaders
Sunday 21st Jun 10:00	<b>Happisburgh</b> Start at the coast then inland to East Ruston, Honing Common and back via Walcott NR12 9QY	E: OL40, L: 133 TG 3771 3120	12	Sean G 07947 604057
Sunday 28th Jun 10:00	<b>Swanton Novers</b> Swanton Novers Village Hall, 45 St. Giles Road. Contribution of £1 per car towards village hall funds NR24 2RB	E: 251, L: 133 TG 01802 31885	10.5	Ron B 07769556526
Wednesday 1st Jul 10:00	<b>SHORTER WALK Surlingham</b> The Ferry house PH Surlingham NR14 7AR	E: OL40, L: 134 TG30819 98809	5.5	Peter J 07905565740
Saturday 4th Jul 10:30	<b>Brooke</b> layby just before village on the B1332 NR15 1AB	E: OL40, L: 134 TM28444 99550	7.5	Peter J 07905 565740
Sunday 5th Jul 10:00	<b>Colney Norwich</b> Meet and park at the research car park, first on the right off Colney Lane. Thank the leaders walk. Strawberry tea at Sarah's after the walk.	E: 237, L: 134 TG 18128 07717	11	Richard W 07936697038
Wednesday 8th Jul 10:00	<b>Holt NNR Station</b> Park and meet at the NNR Station overflow carpark. Donation £2. LINEAR WALK TO CROMER NR25 6FH	E: 251, L: 133 TG09453962	11	Phil G 07784340458
Sunday 12th Jul 10:00	<b>Overstrand</b> Park and meet in the High Street near the Sea Marge Hotel. NR27 0AB	E: 252, L: 133 TG24984073	11	Phil G 07784340458
Wednesday 15th Jul 10:00	<b>SHORTER WALK Reedham</b> Meet and Park at Reedham Village Hall Reedham.	E: OL40, L: 134 TG 41541 02475	6	Richard S 07940 231479 01603 945160
Saturday 18th Jul 10:30	<b>Buxton station</b> Station car park, Stracey Road	E: OL40 & 238, L: 13 TG 2320 2292	7.5	Roy W 01603279883

	28th HEMSBY (Village Hall, Waters Road)	OL40/L134 495175 [NR29 4LE]	6½	Vernon 01493 741004
<b>JUN</b>	4th SOUTH WALSHAM (Fairhaven Woodland & Water Garden car park)	OL40/L134 368133 [NR13 6DZ]	6¼	Alan 01493 752921
	[Booking starts today for the coach trip on 18 June]			
	11th WORTHAM (Large lay-by on A143 ½ mile SW of village [near IP22 1PX])	E230/L144 072764	6	Sue A 01379 676654
	18th COACH TRIP (Castle Rising & Roydon)		9	Marie & John 07708 232885 07477 570205
	8.45am at <b>Harford Park &amp; Ride</b> [book via <a href="#">Barbara</a> 01953 861199]			
	21st NORWICH (Bridges Walk) (Sunday <u>2.00 pm</u> ) (Park by Adam & Eve Pub: there is a charge)	E237/L134 236091 [NR3 1RZ]	4	Rod 01379 677267
	25th STRATTON STRAWLESS (Burroughes Hall, Parish Road)	E238/L133 219206 [NR10 5LU]	6	Heather 01508 494272
<b>JUL</b>	2nd CLEY-NEXT-THE-SEA (Village Hall)	E251/L133 047437 [NR25 7RJ]	6	Mike 07746 764076
	[Booking starts today for the coach trip on 16 July]			
	9th FLORDON (St Michael's Church, Long Lane)	E237/L134 189973 [NR15 1RN]	6½	Rod 01379 677267
	16th COACH TRIP (Wicken Fen & Anglesey Abbey)		9	Anna 01603 662304
	8.45am at <b>Harford Park &amp; Ride</b> [book via <a href="#">Mike</a> 07746 764076]			
	19th COLTON (Sunday <u>2.00pm</u> ) (Honingham Thorpe Farm, Norwich Road)	E237/L144 108099 [NR9 5BZ]	4	Geoffrey 01603 880783
	23rd MORSTON (Quay NT car park: charge for non-members)	E251/L133 007441 [NR25 7BH]	6	Gill & Simon W 01603 748390
	30th FELBRIGG (Felbrigg Hall NT car park:charge for non-members)	E252/L133 195394 [NR11 8PR]	6	Pauline W & Bev 01603 898804

**WENSUM GROUP**

Secretary: Tony Smith: 3 Priors Drive, Old Catton, Norwich, NR6 7LJ. Tel: 01603 423085  
Email: ditonsmith@gmail.com

**Please Note.** All walks on Thursdays start at 10.30 am unless otherwise stated.  
If there is doubt about a walk taking place (e.g. due to exceptionally hot or cold/icy/windy adverse weather conditions), please contact the walk leader or the Secretary.

**Short & Leisurely Walks.** Each of the Thursday walks listed below will usually have a shorter (typically 3 mile) option available at a more leisurely pace. Please contact the Secretary or the walk leader for more details if required.

**Coach Trips.** Please note that, as from April, a rota of members will be booking places on the coaches, so please contact the correct person each month. Also please bring the correct fare (£12 per person) to the coach in an envelope with your name on it to avoid the need for cash to be collected during the trip.

Date	Venue	Grid Ref	Miles	Leader
<b>APR</b>	2nd HEMPALL (Village Hall)	E237/L134 243943	5½ [NR15 2NG]	Pauline B 01508 498960
[Booking starts today for the coach trip on 16 April]				
	9th SHARRINGTON (Village Hall)	E251/L133 035371	6½ [NR24 2AB]	Teresa 01263 861633
	16th COACH TRIP (Peasenhall, Badingham, Framlingham)	9	Sue W & Ann 01603 411679 01603 451930	
	8.45am at Harford Park & Ride [book via Rod 01379 677267 or 07881 524406]			
	19th ILKETSHALL ST ANDREW (Sunday 2.00 pm) (St Andrew's Church)	E231/L156 379872	4 [NR34 8HX]	Marie 07708 232885
	23rd MARTHAM (Village Hall)	OL40/L134 457182	5½ [NR29 4PG]	Peter & Helen 07885 142001
	30th WINTERTON (Beach car park: there is a charge)	OL40/L134 499198	6¼ [NR29 4DD]	David 01603 897817
<b>MAY</b>	7th BLICKLING (Bluebell Walk) (Main NT car park: charge for non-members)	E252/L133 175285	6 [NR11 6NF]	Gareth 01603 457153
[Booking starts today for the coach trip on 21 May]				
	14th NORTHREPPS (Northrepps Aerodrome off A149)	E252/L133 233377	5½ [NR27 9LF]	Malcolm 07531 306456
	17th SALHOUSE (Sunday 2.00 pm) (Recreation Field, Thieves Lane)	OL40/L134 311143	4½ [NR13 6RF]	Richard 01603 437560
	21st COACH TRIP (Thorndon & Eye)	9	Richard 01603 437560	
	8.45am at Harford Park & Ride [book via Malcolm 01603 466431 or 07531 306456]			

Date	Details	Start	Miles	Leaders
Sunday 19th Jul 10:00	<b>Winterton</b> Park and Meet at the cricket club car park. The walk starts along the beach and takes in some less walked footpaths. NR29 4AW	E: OL40, L: 134 TG 48942 19404	11.5	Phil H 07952 164472
Wednesday 22nd Jul 10:00	<b>Felbrigg</b> Parking at Felbrigg West Lodge car park. Overstrand and Cromer circular	E: 252, L: 133 TG 1881 3986	10.6	Roy W 01603279883
Sunday 26th Jul 10:00	<b>Holkham</b> Holkham Village Car Park, Park Road (FREE) Not the Pay and Display on St. Anne's Drive to Beach. NR23 1AB	E: 251, L: 132 TF 89155 43680	11	Ron B 07769556526

**SHERINGHAM GROUP**

**Group Secretary** Steve Guratsky, Laurel Cottage, Southrepps Road, Antingham, NR28 ONS  
01263 834006

**Walks Secretary** Jasmine Winter, Hope Cottage, The Street, Weybourne, NR25 7SZ  
01263 588822

**Walks start at 10am unless otherwise stated.**

Wednesday walks are morning only with a brief snack break. For long Sunday walks, please bring a packed lunch.

If you wish to bring a dog on any walk, please phone the leader beforehand.

Dates	Venue	Grid ref	Miles	Leaders
<b>APRIL</b>				
Wed 1st	Hanworth Car Park on road to church	133/198354 Exp. 252	6	Jasmine 01263 588822 Mobile 07990668344
Sun 5th	Sheringham Boating Lake Car parking on road. Walking west.	133/159435 Exp 252	9.5	Norman 01263 825457 Mobile 07776345464
Sun 19th	Weavers Way Free car parking at Old Honing Station	133/317276 OL40	9.5	Rebecca 01692 503122
Wed 29th	Bacton Wood Forestry Commission Free car parking	133/317313 Exp. 252	5.75	Ken and Sue 01603 867645 Mobile 07967138620
<b>MAY</b>				
Sun 3rd	Sheringham Boating Lake Car Parking on road. Walking East with some beach	133/159435 Exp. 252	9.0	Peter and Sue 01263 825804 Mobile 07402223808
Wed 13th	Holy Trinity Church Hempton Car Park Donation Please	132/914291 Exp. 251	5.5	Teresa and Charles 01263861633 Mobile 07585210596
Wed 27th	Barton Turf Boat Yard Car Park free	133/357225 OL40	6.0	Mike and Jane 01263 824885 Mobile 07845236964
Sun 31st	Cley Village Hall Car Park free	133/048437 Exp. 251	9.5	Norman 01263 825457 Mobile 07776345464
<b>JUNE</b>				
Wed 10th	Pretty Corner Car Park free	133/154412 Exp 252	5.5	Judith 01263 588920 Mobile 07771363176
Sun 14th	Baconsthorpe Castle Car Park free	133/121381 Exp. 252	8.5	Dereck 01263 821300

<b>Sunday 31<sup>st</sup> May</b>	<b>Felbrigg Hall N/T C/P Exp 252 192392 charge for non n/t members</b>	<b>Jean &amp; Tony 01493 667718</b>	<b>8</b>
<b>Tuesday 2<sup>nd</sup> June</b>	<b>Martham park around the green meet by the Co-op LR 134 455179</b>	<b>Sue &amp; Erny 01692 671744 07379 400997</b>	<b>5 to 6</b>
<b>There will be a committee meeting after this walk</b>			
<b>Sunday 14<sup>th</sup> June</b>	<b>Shadingfield V H OL 231 435844</b>	<b>Mike &amp; Ros 01493 752125 07857 758914</b>	<b>8 to 9</b>
<b>Tuesday 16<sup>th</sup> June</b>	<b>Gorleston side gate Rd road side parking ( nr Toby carvery ) LR 134 520018</b>	<b>Richard &amp; Ann 01493 719288</b>	<b>5</b>
<b>Sunday 28<sup>th</sup> June</b>	<b>Dunwich Beach C/P LR 156 479707</b>	<b>Jackie 01493 852818 07941 105372</b>	<b>8</b>
<b>Tuesday 7<sup>th</sup> July</b>	<b>* Evening walk 5 PM start * Jackie Cantley Cock Tavern C/P LR134 380058</b>	<b>Jackie 01493 852818 07941 105372</b>	<b>4</b>
<b>Meet at 5 o' clock for evening walk followed by meal at the pub . Order food on arrival . Any one wanting to have a meal <u>MUST CONTACT ME</u> by 30<sup>th</sup> June so I can confirm numbers with the pub .</b>			
<b>Sunday 12<sup>th</sup> July</b>	<b>Southwold Water Tower Exp 231 501762</b>	<b>Shannon &amp; Alan 01508 493536</b>	<b>7 to 8</b>
<b>Tuesday 21<sup>st</sup> July</b>	<b>Horsey Mill N.T C/P charge for non n/t members LR 134 455222</b>	<b>Ruth 01493 730720</b>	<b>5</b>
<b>Sunday 26<sup>th</sup> July</b>	<b>Cley Spy Stores C/P Manor Farm Barns Glandford LR 133 043415</b>	<b>Barbara 01692 405703 077249 31645</b>	<b>8 to 9</b>



## GREAT YARMOUTH AND DISTRICT GROUP

Programme April to July 2020

Secretary .. Ros .Phone .. 01493 752125 . e-mail.. [ragyra936@gmail.com](mailto:ragyra936@gmail.com)

All Sunday walks start at 10.30

All Tuesday walks start at 10.00

Except 7<sup>th</sup> July Evening walk 5 pm

In the event of inclement weather , please telephone the leader(s) to check if the walk is still taking place .A donation is requested when parking in village hall (V. H ) or community centres car parks . Only registered assistance dogs on a short lead are allowed on walks .

Thank you once again to all those who offer to lead walks . We do manage to fill up the programme but only just. Any new leaders will be most welcome . Help is available . Please let Jackie have details of walks for the next programme by the 6<sup>th</sup> June  
E-mail .. [jm.roberts@mypostoffice.co.uk](mailto:jm.roberts@mypostoffice.co.uk) or phone 01493 852818 .

Date	Venue	Leader (s)	Miles
Sunday 5 <sup>th</sup> April	Blundeston V.H C/P OL40 517974	Wendy & Louise 0795109 9473 07769 978440	7 to 8
Tuesday 7 <sup>th</sup> April	Blofield Heath park far end recreation area Heathlands community centre OL 40 / 134 328117	Mary 0795 729 2418	5.5
Sunday 19 <sup>th</sup> April	Potter Heigham V.H LR 134 412 196	Richard & Lynda 01493 731089 077329 36249	7.5
Tuesday 21 <sup>st</sup> April	Halvergate playing fields C/P Wickhampton rd LR 134 421064	Margaret 0791 7715674	5
Sunday 3 <sup>rd</sup> May	Rockland St. Mary Staithe OL 40 328047	Bernard 01603 418868 07599 560636	6.5
Tuesday 5 <sup>th</sup> May	Caistor St. Edmund Park at Roman town C/P Stoke Rd LR 134 232 032	Jean 01493 667718	5
Sunday 17 <sup>th</sup> May	Sheringham Esplanade Exp . 252 155 435	Christine 01493 300999	8
Tuesday 19 <sup>th</sup> May	Great Plumstead V.H OL 40 301102	Geoff & Monica 01603 720374	5.5

Wed 24 <sup>th</sup> <b>Picnic walk</b> <b>11am Start</b>	Blakeney Village Hall Free car park <b>Bring a picnic to eat on route</b>	133/025437 6.5 Exp 251	Jasmine 01263 588822 Mobile 07790668344
Sun 28 <sup>th</sup>	Cley Village Hall Free car parking	133/047436 9.0 Exp. 251	Dereck 01263 821300
<b>JULY</b>			
Sun 5 <sup>th</sup> <b>11am Start</b>	Upper Sheringham Village Hall Car Park free <b>Walk preceding BBQ at 1pm</b> <b>See Booking Slip</b>	133/424419 5 Exp 252	Jasmine 01263 588822 Mobile 07790668344
Wed 8 <sup>th</sup>	North Elmham Car Park free	133/987216 6.0 Exp 238	Mike and Jane 01263 824885 Mobile 07845236964
Sun 12 <sup>th</sup>	Holgate Hill Weybourne Car Park free	133/098417 9.5 Exp 252	Norman 01263 825457 Mobile 07776345464
Wed 22 <sup>nd</sup>	Burgh next Aylsham church Car Park free	133/218251 5.75 Exp 252	Graham and Brenda 01263 570084

**The following paragraph relates to all walks advertised in this guide:**

*All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.*

**FAKENHAM RAMBLERS GROUP****Programme of Walks – April 2020 – July 2020****Group Sec: Vic – 01263 713613 : Walks Sec: Alison – 01328 712155**

*SATURDAY walks start at 10.30 am and WEDNESDAY walks start at 10.00 am, unless otherwise stated.  
Packed lunches required for walks over 6 miles. In case of inclement weather, please contact the Walk Leader.*

Date & Time	Venue	Grid Ref & Miles	Leader(s)
<b>April</b>			
Saturday 4 <sup>th</sup>	Kelling Heath Park/meet Holgate Hill CP	251/098416 8 miles	Carol 01263 713218
Wednesday 8 <sup>th</sup>	Blickling Park/meet Main NT CP	252/180296 NR11 6NF 5 ½ miles	Judith 01328 864061
Saturday 18 <sup>th</sup>	Baconsthorpe to Reepham Stage 1 Baconsthorpe to Corpusty Park/meet Baconsthorpe Castle Linear Walk so contact Walks Leader re transport	252/120380 NR25 6LL 7 miles	Jenny & Vic 01263 713613
Wednesday 22 <sup>nd</sup>	North Elmham Park/meet near Bishops Chapel	238/987216 NR20 5JU 6 miles	Margaret & Stuart 01328 864727
<b>May</b>			
Saturday 2 <sup>nd</sup>	Baconsthorpe to Reepham Stage 2 Corpusty to Reepham Park/meet Corpusty Village Hall. £1 per person. Linear Walk so contact Walks Leader re transport	252/113303 NR11 6QQ 7 miles	Jenny & Vic 01263 713613
Wednesday 6 <sup>th</sup>	Brisley Park/meet Brisley Village Hall. £1 per person.	238/950216 NR20 5LR 6 miles	Alison 01328 712155
Saturday 16 <sup>th</sup>	NO WALK TODAY		
Wednesday 20 <sup>th</sup>	Burnham Overy Staithe Park/meet at CP	251/845443 PE31 8JS 4 miles	Sue & John 01328 710138
Saturday 30 <sup>th</sup>	Felthorpe Park/meet 14 Bilney Lane, Felthorpe	238/173181 NR10 4ED 5 miles	Sandra & Philip 01603 755121

*Following this walk a Walks Planning Meeting will take place at 14 Bilney Lane. If you cannot come and have a walk please let Alison know. Bring your lunch. Drinks provided.*

May 31st	Cley Village Hall	Exp 251 133 - 047437	9.5	Sue and Brian 01328.701545 07776 466393
June 7th	Morston NT car park Free to NT members	Exp 251 133 -007442	9	Carole 01362 637752
June 14th	Repps cum Bastwick Lay by off main road opposite filling station	OL 40 134 –425175	9	Alan 01362 696117
June 21st	Caistor Roman Town	Exp 237 144 - 232033	7	Maureen 01603 866193
June 28th	Thompson park on old railway close to A1075	Exp 237 144 - 940965	7	Sheila Burns 01328 701034
July 5th	Downham Market Paradise Road Council car park	Exp 236 143- 611033	11	Michael 01953 797058
July 12th	Beeston Regis park in slip road off A149 opposite Priory maze	Exp 252 133 – 165427	10	Sue and Brian 01328.701545 07776 466393
July 19th	Garveston Village Hall	Exp 237 144 - 022075	6.5	Jenny 01362 696787 07887 604040
July 26th	Blickling Hall Car park free to NT members	Exp 252 133 - 175285	10	Sheila Bulmer 07749 523089

If any members are booking **Ramblers Worldwide Holidays**, please tell them the name of your local Ramblers group and they will donate money to that group. See back of Walks Programme for details or ring 01707 386804.

Diary dates : AGM Meeting Point Dereham. Sunday October 25th 1pm  
Christmas lunch: Norfolk Lurcher, Colton. Saturday Dec 12th 12.30 for 1pm

**MID-NORFOLK GROUP**

Sec: Jenny Atterwell Tel. 01362 696787

Walks Co-ordinator: Sue Day. Tel. 01328-701545

**All walks start at 10am unless otherwise stated.**

Packed lunch required for walks of over 7 miles.

Queries regarding all walks should be addressed to the leaders concerned.

NB. If a leader is suddenly unavailable, it is their responsibility to find a replacement.

Please note, postcodes given are as close as possible to walks.

-----  
Programme of walks April 2020 – July 2020

Date	Venue	Grid ref. / postcode	Miles	Leaders
April 5th	Illington and Wretham Park at Hockham picnic site	Exp 229 144 – 938919	9.5	Michael 01953 797058
April 12th	Saxthorpe and Corpusty Saxthorpe village hall	Exp 252 133-114304	9.5	Alan 01362 696117
April 19th Joint with South Norfolk	Lynford Stag car park	Exp 229 144 - 814916	10	Paul 01842 878702 07969 007685
April 26th	Courtyard Farm Park off Burnham road Cowslip walk	Exp 250 132 - 723405	9	Sue and Brian 01328 701545 07776 466393
May 3rd	Bawdeswell School	Exp 238 133 - 041208	7	Jenny 01362 696787 07887 604040
May 10th	Hillingdon lay by	Exp 250 132- 712253	7	Sheila Burns 01328 701034
May 17th	Shotesham St Mary church (behind remains of St Martin's church). £1 pp parking	Exp 237 144 – 238988	10.5	Sheila Bulmer 07749 523089
May 24th	Sloughbottom Park	Exp 237 144 - 210105	8	Maureen 01603 866193

<b>June</b> Wednesday 3 <sup>rd</sup>	Sheringham Park Park/meet NT CP	251/139411 NR26 8TL 5 miles	Margaret & Stuart 01328 864727
Saturday 13 <sup>th</sup>	Southrepps Park/meet Southrepps Village Hall. £1 per person	252/257365 NR11 8NP 7 miles	Sue & John 01328 710138
Wednesday 17 <sup>th</sup>	Holkham Park/meet Holkham Village CP	251/891437 NR23 1RG 4 miles	Sue & John 01328 710138
Saturday 27 <sup>th</sup>	Houghton Park/meet near Doghotel off A148	250/7712255 PE31 6DS 8 miles	Lily 01328 851124
<b>July</b> Wednesday 1 <sup>st</sup>	Coxford & Broomsthorpe Park/meet near Manor Mews	238/849295 PE31 8RS 5 ½ miles	Barbara & Richard 01328 862834
Saturday 11 <sup>th</sup>	Thornham Park/meet near All Saints Church	250/733434 PE36 6LY 10 miles	Barbara & Richard 01328 862834
Wednesday 15 <sup>th</sup>	Quebec Wood Park/meet Quebec Wood CP on B1110 north of Dereham	238/984148 5 miles	Iris & Richard 01362 860825
Saturday 25 <sup>th</sup>	Southrepps Park/meet Gunton Railway Station	133/255351 NR11 8UD 7 ½ miles	Barbara & Alan 01328 855352
Wednesday 29 <sup>th</sup>	High Kelling & Hempstead Park/meet NN Railway, Holt Station on Old Cromer Road just off A148.	251/096396 NR25 6AJ 5 ½ miles	Sandra & Philip 01603 755121

## Norfolk Ramblers' : Walks Finder

### April 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		<b>1</b> BKNOS	<b>2</b> BKW	<b>3</b> B	<b>4</b> FKN	<b>5</b> BGMNOS
<b>6</b> B	<b>7</b> BGK	<b>8</b> BFKN	<b>9</b> BKOW	<b>10</b> B	<b>11</b> K	<b>12</b> BKMNO
<b>13</b> B	<b>14</b> BK	<b>15</b> BKN	<b>16</b> BKW	<b>17</b> B	<b>18</b> FKN	<b>19</b> BGKMNOSW
<b>20</b> B	<b>21</b> BGK	<b>22</b> BFN	<b>23</b> BKW	<b>24</b> B	<b>25</b> K	<b>26</b> BKMN
<b>27</b> B	<b>28</b> BK	<b>29</b> BKS	<b>30</b> BW			

### May 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				<b>1</b> B	<b>2</b> FKN	<b>3</b> BGKMNS
<b>4</b> BK	<b>5</b> BGK	<b>6</b> BFNO	<b>7</b> BW	<b>8</b> B	<b>9</b> K	<b>10</b> BKMN
<b>11</b> B	<b>12</b> BK	<b>13</b> BKNS	<b>14</b> BKOW	<b>15</b> B	<b>16</b> FK	<b>17</b> BGKMNW
<b>18</b> B	<b>19</b> BGK	<b>20</b> BFN	<b>21</b> BKW	<b>22</b> B	<b>23</b> K	<b>24</b> BKMN
<b>25</b> B	<b>26</b> BK	<b>27</b> BKNS	<b>28</b> BKW	<b>29</b> B	<b>30</b> FfK	<b>31</b> BGKMNS

This calendar shows which groups are holding a walk on a particular date, walks are that group is indicated by a lower case letter. Please see the group's listing for the

**Key:** F: Fakenham, G: Great Yarmouth, K: King's Lynn, M: Mid Norfolk, N: Norwich, S: Sheringham, O: Southern Norfolk, W: Wensum, H: Hike Norfolk, B: Breckland SB Walks

## Calendar : April to July 2020

### June 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>1</b> B	<b>2</b> BGg	<b>3</b> BFN	<b>4</b> BW	<b>5</b> B	<b>6</b> KN	<b>7</b> BKMN
<b>8</b> B	<b>9</b> BK	<b>10</b> BKNS	<b>11</b> BKOW	<b>12</b> B	<b>13</b> FK	<b>14</b> BGKMNOs
<b>15</b> B	<b>16</b> BGK	<b>17</b> BFN	<b>18</b> BW	<b>19</b> B	<b>20</b> KN	<b>21</b> BKMNW
<b>22</b> B	<b>23</b> BK	<b>24</b> BKS	<b>25</b> BKW	<b>26</b> B	<b>27</b> FK	<b>28</b> BGKMNS
<b>29</b> B	<b>30</b> BK					

### July 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		<b>1</b> BFKN	<b>2</b> BW	<b>3</b> B	<b>4</b> N	<b>5</b> BKMNOs
<b>6</b> BK	<b>7</b> BGgK	<b>8</b> BKNS	<b>9</b> BKOW	<b>10</b> B	<b>11</b> FK	<b>12</b> BGKMNOs
<b>13</b> B	<b>14</b> BK	<b>15</b> BFKN	<b>16</b> BKW	<b>17</b> B	<b>18</b> KN	<b>19</b> BKMNW
<b>20</b> B	<b>21</b> BGK	<b>22</b> BKNS	<b>23</b> BKW	<b>24</b> B	<b>25</b> FK	<b>26</b> BGKMN
<b>27</b> B	<b>28</b> BK	<b>29</b> BFK	<b>30</b> BW	<b>31</b> B		

indicated by a capital letter in the appropriate day's box, whilst any other event by specific details of the walk or event.